



Make-Ahead Berry Cheesecake Overnight Oats



Ingredients

- 1/2 cup old fashioned oats
- 1/2 cup Fairlife milk
- 1 teaspoon sugar-free cheesecake pudding mix
- 1/2 teaspoon vanilla extract
- 2 tablespoons honey
- Berries
- Crushed graham crackers (optional)
- Ground flaxseed (optional)

Directions

1. In a large, sealable container, add oats, milk, pudding mix, vanilla extract, and honey. Stir until combined. Add berries on top.
2. Cover and refrigerate overnight.
3. In the morning, stir oats and add crushed graham crackers and flaxseed, if desired.

