



## Ingredients

- 1 cup chocolate milk
- . 1/2 cup old fashioned rolled oats
- 1 tablespoon pumpkin puree
- 1/2 teaspoon kosher salt
- 2 tablespoons chocolate chips (optional)
- 1 tablespoon maple syrup (optional)

## **Directions**

- 1. In a large, sealable container, mix chocolate milk, oats, pumpkin, salt, and maple syrup.
- 2. Top with chocolate chips, if desired.
- 3. Cover and refrigerate for at least 8 hours and up to 4 days. Add maple syrup if desired.