

Avocado 'Rice Cake' Toast with Cottage Cheese



Ingredients

- 1 Package of Cheddar Rice Cakes
- Squeezable avocado
- Cottage cheese
- Everything but the Bagel Seasoning

Directions

1. Lay rice cakes in a single layer onto a large sheet pan.
2. Spread a layer of avocado onto each rice cake.
3. Place one spoonful of cottage cheese on top of avocado and sprinkle with the seasoning.