

Fairlife Yogurt Parfait with Collagen



Ingredients

- 1 container of cherry Fairlife yogurt
- Frozen cherries, thawed
- Pistachios
- Honey
- Granola
- Collagen

Directions

1. Place yogurt into a bowl and add 3 scoops of collagen. Stir to combine everything.
2. In each parfait cup, add 1-2 spoonfuls of yogurt, a small spoonful of thawed cherries, and another spoonful of yogurt.
3. Top with pistachios, granola, and a drizzle of honey.