



Read more about
former Division I
basketball player
Anthony Ianni



Sophomore Luke Grossnicklaus is just like any other collegiate golfer

Grossnicklaus working on 'handicap'

“My aspect on life is to treat everyone with respect, and you will get treated with respect as well. It definitely has changed my aspect of everything that I do have. I try to look at the positives in my life, not the negatives.”

— Luke Grossnicklaus

DAVID MUELLER

Antelope Staff

Luke Grossnicklaus began golfing from the time he started walking, as the sport is a family affair. Grossnicklaus qualified for Nebraska's state tournament all four years for Aurora High, placing in the top 10 three times.

He made the MIAA Academic Honor Roll last season, studies business education, and shoots a sub-75 most days.

Yet, something sets him entirely apart from the rest of his teammates and competitors.

Grossnicklaus has a prosthetic leg.

At 4-years old, he was diagnosed with a rare skin disease, known as linear scleroderma, which led to the suffocation of his right leg.

“With my case, it suffocated it so bad to the point where it didn't bend or grow. By the time I was in seventh grade, my right leg was about 5-inches shorter than my left leg, and it didn't bend either,” Grossnicklaus said.

He said he and his family had been

going to Shriners Hospital in Minneapolis, Minnesota, consulting with doctors for a number of years, “After discussions with my family we decided to get it amputated. We thought it would be best to have a leg even in length, because I was starting to get scoliosis in my hips because of the uneven length of my legs.”

Prior to the amputation in the summer of 2009, he said he had to purchase two different pairs of shoes because his right foot was about half the size of his left.

UNK golf coach Wes Bernt praised Grossnicklaus for his positive outlook on life.

“Luke is a great kid. He works hard and is a well-rounded student-athlete who doesn't expect anything special just because of the hand he has been dealt. Bernt said, “He has a charismatic demeanor and is enjoyable to be around. I enjoy having him on our team.”

As a kindergartner, he remembers a doctor telling him he would never be able to bend his leg again, leaving him hopeless, but only for a moment.

“I could either accept that fate, or

overcome that fate and do something different about it. Even at a young age I played sports with the leg; basketball, football, baseball, I tried to get as involved as I could,” Grossnicklaus said. “But then it came time that I couldn't keep living with this leg....”

Grossnicklaus also remembers being told that he wouldn't have a shot at making his high school varsity golf team. Again, he was motivated to prove those people wrong, and did.

His first two years of high school he was allowed to use a motorized cart to navigate through the courses. But he made a decision his junior year to get rid of the cart, and walk just like everyone else, which strongly reflects on his character.

“One thing I've realized is that I'm not the only one who has burdens in my life, but other people also have burdens,” he said.

He still continues to walk all his matches, even though some 36-hole courses can add up to 10-12 miles

The relentless tour

Anthony Ianni speaks of how hard work leads to achievement

SHELBY CAMERON

Antelope Staff

A speech focused on hard work, dedication, achievement, and the path to overcoming obstacles left a room of people with the feeling of admiration.

More than 200 students attended the talk given by former Michigan State basketball player, Anthony Ianni, Monday, March 7 in Copeland Hall. Yet, his presentation went deeper than talking about his time as a Michigan State Spartan playing on one of the best basketball teams in the nation.

Ianni was diagnosed with Pervasive Developmental Disorder, which is a form of autism, at 4 years old and doctors projected little hope he would ever succeed in life.

When he was only five, Ianni's parents were told that he would barely graduate high school, let alone go to college.

“This was my chance to prove them wrong,” said Ianni while explaining his strive for success after he was told about others' doubts.

“This was my chance to prove them wrong.”

— Anthony Ianni

Ianni went on to be the first individual with autism to ever play Division 1 college basketball.

He played on teams that won two Big Ten Championships, , was the recipient of the 2011 Tim Bigreko Walk On Award, and won the 2012 Unsung Player Award.

Megan Rash, a junior from Kearney majoring in special education attended the event and said she could relate to the speech given by Ianni.

“He spoke of something that people of

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TAKE THE BULLET OR POISON?

Between a rock and hard place: no-win situation of GOP



ELLIOT GONNELLA
Antelope Staff

Odd question, I know, but at the same time it does ask which way you would rather leave this world. Quick and over in an instant? Or perhaps an extended and agonizing pain? During the spring primaries, there is another party of individuals discussing with ironic tone within the “Grand Old Party” better known as the Republican Party. Do voters want a bullet with a bad toupee or a poison administered by an incompetent lawyer?

the way of a good story? It doesn't matter if what either of these individuals say is true, as long as it makes their voter base feel good. That's all that matters.

As former President Lyndon B. Johnson reportedly said, “If you can convince the lowest white man he's better than the best colored man, he won't notice you're picking his pocket. Hell, give him somebody to look down on, and he'll empty his pockets for you.” That rings eerily true of the party's current situation.

Both candidates use disgusting rhetoric to whip their zealot followers into a frenzy with devotion to a person, and not the political process. Trump is notorious for calling on his supporters to single out protesters in his rally, and even on multiple occasions encouraging them to commit

“It is quite clear that these two men are not the ones who 'tell it like it is' or 'break through the political correctness of the liberal media.'”

Unless you have been blessed enough to avoid hearing about the 2016 presidential race, the two frontrunners for the Republican National Convention's nomination are Donald Trump and Ted Cruz, with delegate counts of 459 and 360 respectfully. These are two widely-known individuals who seem to have legions of loyal voters wherever they go.

They are also two of the least fit candidates the Republican Party has seen in quite some time.

Both of these candidates are the least truthful of their contenders and, considering the exaggerations and outright lies they have told, that is quite an accomplishment. According to Politifact, a non-biased fact checking site, 65 percent of Ted Cruz's statements have been considered “Mostly False or Pants on Fire” compared to Donald Trump's 77 percent.

It is quite clear that these two men are not the ones who “tell it like it is” or “break through the political correctness of the liberal media,” these individuals just say what their voter base wants to hear. After all, why let a little thing like “facts” get in

violent acts in the defense of his pride.

But at least you can look to Ted Cruz, the runner-up so far, as the better candidate. Someone who defends an endorsement from a “pastor” saying that Hitler was a hunter sent by God to kill the Jews. He is such a moderate that he wished that the Senate was filled with people like Jesse Helms, a senator who stated that the Civil Rights Act was one of the most dangerous legislative acts in history.

Wait...that isn't a better candidate. That is the same egotistical maniac, just with a different name and face.

So what can the Republican Party do? Honestly, no matter what they do, it will have crippling repercussions. If the delegates continue the way they have been so far, Trump will secure the nomination, and the GOP alienates the few moderates they have left, along with most of the Independents.

Cruz would be no better, as many members of his own party cannot stand him. How would he get them, much less the left-aligned politicians, to cooperate? With

NO-WIN PAGE 11

'Zootopia' quickly becoming Disney classic



KIRSTY DUNBAR
Antelope Staff

Disney's newest movie, "Zootopia," was first released on March 4 and has already raked in over \$200 million at the box office. While maintaining a ridiculous 99 percent fresh on the infamously critical Rotten Tomatoes, the family movie continues to break records around the world.

Zootopia is a city "Where animals of all breeds, predators and prey alike, live together in peace and harmony," at least, it is advertised to uphold these standards.

Although the city is divided into nine main areas, we're introduced to only four: Tundratown, The Rainforest, Downtown Savanna Central and the adorable mini-city Rodentia.

The story revolves around Judy Hopps, voiced by Ginnifer Goodwin, who is known for her role as Snow White / Mary Margaret from the TV show "Once Upon A Time." Hopps is a farm bunny who, to her parents' utter dismay, dreams of moving to Zootopia to become a police officer. In spite of their constant attempts to dissuade her from her dream, Hopps graduates high school and is accepted into the police academy.

Hopps is the first small mammal to enter the academy, and is not accepted by

the other species there. She is faced with constant challenges both physically and mentally but finds a way to overcome them and graduates at the top of her class.

Her struggles are far from over, however. Even though she has earned a job at Zootopia's Police Department (ZPD), she finds out that her being hired was just to make the police department look more accepting of diverse members. While the rest of the new recruits are assigned to investigate the disappearance of 10 mammals around the city, Chief Bogo, a water buffalo voiced by Idris Elba, assigns her to parking duty.

Frustrated with how things are going,

Meet Judy Hopps



Judy Hopps is a clever and resourceful bunny who moves to the city of Zootopia, where she has dreamed of working as a police officer since she was little. After moving there, Hopps learns that her perception of others and herself may be wrong.

Judy at first does not argue with him. She instead tries to excel at handing out parking tickets and sets a goal of 200 tickets by noon. While on parking duty, she meets a sly fox named Nick Wilde, voiced by Jason Bateman. Their initial encounter doesn't go well, but Judy later realizes that she will need Nick's help.

Tired of handing out parking tickets, Judy confronts Chief Bogo about her assignment. Annoyed by her persistence and the fact that he can't just fire her, Bogo gives Hopps an ultimatum: She has 48 hours to solve the case of the missing mammals, otherwise she has to resign.

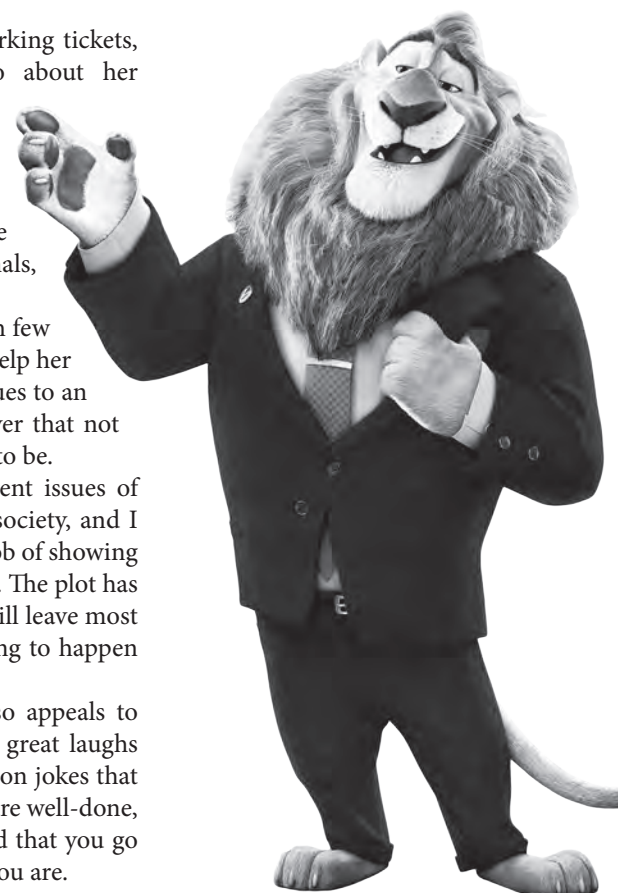
Pressed for time and with few leads, Hopps enlists Nick to help her solve the case. They follow clues to an unlikely criminal, and discover that not everything is what it appears to be.

Zootopia confronts current issues of race and gender equality in society, and I feel that it does an excellent job of showing us how they should be solved. The plot has many surprising twists and will leave most everyone guessing what's going to happen next.

The movie of course also appeals to children. It provides a lot of great laughs even though it does fall back on jokes that have been tried before. They are well-done, however. I highly recommend that you go see this, no matter what age you are.

ANTELOPE REVIEW

'Zootopia'
4 out of 5 Kernal's



the antelope | 2016 spring staff

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Print, Online Adviser

Terri Diffenderfer

Ad Adviser

Ching-Shan Jiang

Contact for Antelope Advertising:

antelopeads@unk.edu

The Antelope

166 Mitchell Center

UNK - Kearney, NE 68849

Contact for Antelope News:

antelopeneeds@unk.edu

Spring break or bust

Students share plans for spring break, check out some ideas for yourself



ANNALESE BARNES
Antelope Staff

One taxing decision every college student makes is the decision of how they should spend their spring break. Most students have several options varying from traveling, visiting their family or staying around to work.

If you are having trouble deciding how to spend this upcoming spring break, hearing what a few other UNK students have planned may help you out.

If you fancy a little traveling and celebrating on your break, a place like Las Vegas might be something you would enjoy. Senior sports management major Ryan King and a group of his friends will be making the trip out west to Vegas.

"My friends and I chose to go to Vegas

because we wanted to get out of Kearney for a bit, and we knew Las Vegas would be a destination we would all enjoy," King said. "It's not the cheapest alternative for spring break, but we know we'll leave with memories that definitely make it worth shelling out some extra cash for the trip."

If you would like to travel but maybe hitting the slots is not your thing, you're not out of options. Senior applied computer science major Dan Harshbarger is going to Moab, Utah, on a trip organized by the UNK Outdoor Adventures Program. Campus recreation coordinator Eric Wiedenman, will lead the trip. In Utah, students will be hiking, mountain biking and canyoneering.

"I decided to go to Utah because I have heard that Moab has quite the landscape, and I wanted to get away for a while. I really like camping and being active, so I figured this trip would be a good fit," Harshbarger

said. "If you want to go get out and explore for a relatively low cost, this is a great option."

When asked why he wanted to spend his spring break on a trip organized by UNK, Harshbarger said, "It's fairly cheap. It's also a unique way of exploring and meeting new people through the school."

"If you are having trouble deciding how to spend this upcoming spring break, hearing what a few other UNK students have planned may help you out."

— Annalese Barnes

The trip is already planned out and comes with the all the gear you need, which makes it really easy and stress free."

On the other end of the spectrum, senior music major Morgan Wippering is



Video online @
UNKANTELOPE.COM

planning to stay in Kearney for her spring break.

"My job has a lot of employees that are also in college, most of whom are leaving for all of break, so I saw it as a really good chance to pick up some extra hours at work," Wippering said. "I like relaxing at home over breaks and catching up on school work so I know I won't be stressed when the break is over."

"I feel like my take on spring break is a real mental health break. Having free time to hang out around my house and get odd jobs done really relaxes me, and I am always able to go back to school with a clear head," she said.

Now geared with ideas from students of how you can spend your spring break, hopefully you can start planning. Whether you are staying at home, finding adventure in Utah or trying your luck in Vegas, make sure to have a great and safe break.

Best of barbeque near you

Luke and Jake's named Best of Kearney for Barbeque for third consecutive year

SHELBY CAMERON

Antelope Staff

You can't buy happiness, but you can buy barbeque, and that's kind of the same thing.

Luke and Jake's Bar-B-Q and Catering, located just east of campus across the street from Founders Hall, has been voted "Best of Kearney" by Kearney Hub readers for barbeque for three consecutive years.

With over 20 years of business, Ty Strawhecker, owner of the restaurant, says that it's more than just the food that keeps customers coming back.

"I always tell the employees that the three most important things are: putting out a great product for the customers each and every day, providing excellent customer service at all times and



**TY
STRAWHECKER**

always making sure the restaurant is always clean," Strawhecker said.

Stawhecker and his family moved to Kearney in 1995 and felt the Kearney community would be a great place to start a business, and Luke and Jake's Bar-B-Q and Catering was created.

The company name originated from Strawhecker's two older sons, Luke and Jake. Kaleb's Custard, another dessert food offered at Luke and Jake's, was named after Strawhecker's youngest son, Kaleb.

The restaurant offers a family-friendly atmosphere that customers notice right away. When entering the door, you notice a center piece fireplace and family pictures



Photo by Shelby Cameron

Luke and Jakes Bar-B-Q, located just east of campus across the street from Founders Hall, offers great deals that students can take advantage of.

throughout the restaurant.

Strawhecker said he feels their location allows them to get a variety of business and feels appreciative for the people in the area and being so close to the UNK campus.

Luke and Jake's Bar-B-Q and Catering offers great deals that for students: a free medium drink Monday through Friday from 11 a.m. to 2 p.m. with any current valid student ID, and campus cash coupons for \$1 off a giant stuffed potatoes.

If you're hungry for some barbeque, a great atmosphere and smiley faces, swing by Luke and Jake's before or after class!

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Elephant's Eye a slice of paradise

No need to leave Nebraska for trip to tropics



NATE ABEGGLEN

Antelope Staff

Need to get away? No need to take that trip to Cancun: there's a tropical paradise five minutes away. Ok, so it's not literally a tropical paradise, but you can have the nostalgia of those sandy beaches and warm weather at the Elephant's Eye bar in Kearney.

The bar is located on Second Avenue at the Ramada Inn, which is not typically the

area students would look to when planning a night out. The majority of the bars in Kearney are located downtown on Central Avenue, and that is why some students might not even be aware of this awesome bar.

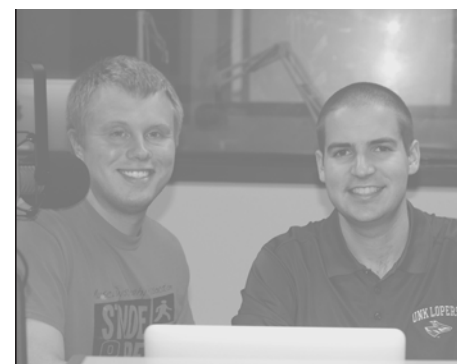
I recently had a chance to visit the Elephant's Eye and was able to really appreciate the uniqueness. As soon as you enter the hotel and walk down the hall, you are sure to be startled by the site. The bar appears to be suspended in a tree structure that stands about 20 feet above the ground. There is a staircase that takes you to the seating (although there is also seating on the ground level around the structure) organized around the circular tiki-style bar. I don't know about you, but I

think that the idea alone should inspire the adventurous to venture out.

I also had the chance to talk to the manager of the Elephant's Eye, Stacey. When asked how the Elephant's Eye stands apart, she said, "We are known for our mai tais and have a daily special where customers can order two for \$6."

I tried one of these mai tais, and I could see why they are the featured drink of the Elephant's Eye. The drink is a sweet concoction that brings a mixture of tropical flavors that transport you to a place far, far way.

Stacey was also excited about the future of the Elephant's Eye. She said, "We have many changes to the menu coming in the next few months, and we are totally revamping the drinks and making new



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ELEPHANT'S EYE, PAGE 11

Lopers take 3rd at Nationals



COTTON



MCCAULEY

Senior Romero Cotton and junior Destin McCauley won NCAA individual championships.

KATE BAKER
Antelope Sports Editor

Earning one national championship title is hard. At the NCAA wrestling championships in Sioux Falls, South Dakota, this past weekend, senior Romero Cotton earned his third Nationals title in his career as a Loper; the only wrestler in UNK history to do so.

"It feels awesome. It's taken a lot of hard work and dedication to win these titles. I want thank all my coaches and my practice partners for staying true to the plan. They came in after class and made sure I was at the level I needed to be to win this championship," said Cotton, who finished his career with 74 wins.

Coach Bauer said, "It's quite the accomplishment. It's one thing to win one national title, it's obviously another thing to be able to continue to repeat. You have to go in with a mindset that it's a new tournament and anything can happen, and on that same token you have everybody trying to gun for you."

Additionally, Cotton, a psychology major from Hutchinson, Kansas, and another senior Daniel DeShazer, an exercise science major from Wichita, Kansas, finished their careers as four-time All-Americans. These honors place them among only four other Loper wrestlers to accomplish this task.



OCHS

Earning a national title of his own this weekend was junior, Destin McCauley, a physical education major wrestling about an hour away from his hometown, North Sioux City, South Dakota. McCauley had a dramatic finish to his round. Late into the third period, McCauley was down 4-3 and needed to score. With 10 seconds left in the match, McCauley moved in quick for the take down and tallied on 4 additional near fall points, winning the match 9-4.

"He's obviously a very talented young man, good enough to win a national championship," said Bauer. He continues, "It was probably one of the most exciting finals matches this year."

Cotton, DeShazer and McCauley weren't the only ones named All-Americans this weekend. Calvin Ochs, a junior chemistry major from Hoxie, Kansas, and Keith

Surber, a sophomore physical education major from O'Fallon, Illinois, placed 4th and 8th respectively, earning them All-American honors as well.

These five All-Americans helped the team place third in the 2016 NCAA championship. This is UNK's 15th straight Top 10 finish and fifth straight Top 3 finish.

"I'm just proud of how they stepped up to the challenge. It's rallying together, pushing each other, and seeing them come together to work towards the same goal," said Bauer.

The team will graduate an impressive senior class. The seven graduating are:

Devin Aguirre: Ponca City, Oklahoma
Ryan Bauer: Kearney
Connor Bolling: Central City
Romero Cotton: Hutchinson, Kansas
Daniel DeShazer: Wichita, Kansas
Brett LaBudda: Lincoln
Chase White: Lincoln

"It's quite the crew. It's going to be tough to replace these guys. Each one of them has done so much for this program and they all bring something so different to the team." On the other hand, Coach Bauer discusses how excited he is for them in their future. "They will all be off doing great things in life."



Courtesy photos
Head baseball coach Damon Day congratulates Meadowlark Elementary School first grader Trey Koerner.

The baseball team was honored as a result of an essay by Trey Koerner about how athletes face adversity both on and off



Lopers honored for local service

Players earn the Meadowlark Elementary School Character Role Model Award



SEAN LAUGHLIN
Antelope Staff

Back on Feb. 10, I wrote an article titled "It's elementary, Lopers are 'hit' in classroom" about the UNK baseball team taking time each week to visit Meadowlark Elementary School.

The players enjoy math games with the first grade class and read storybooks to the kindergarteners. It is a great way for the athletes to interact and give back to the community. The children get a great experience hanging out and learning from the college students. As it turns out, the elementary students get more than expected out of the weekly visits.

Last Friday morning, the UNK baseball team was honored at the Meadowlark Elementary School

Character Assembly. First grader Trey Koerner wrote an essay about the UNK baseball team and how the athletes, when playing, face adversity both on and off the field.

The team received the Community Character Role Model Award, which is selected each quarter at Meadowlark.

"I'll admit it, I was emotional when I found out. I am so proud of what our baseball program and what our young men are doing throughout the community," head baseball Coach Damon Day said.

Coach Day has a son, Cody John, in the first grade class and a daughter, Emma, in the kindergarten class. So, when Day found out that the team won, he assumed either one of his kids nominated the team. He soon found out that wasn't the case.

"The fact a little boy wrote it without being assigned and wrote such an amazing essay about our players makes me extremely proud as a coach," Day said.

Though the spring season is fully underway, the Lopers will still take the time to visit the Meadowlark kids each Monday throughout the next couple of months.

Messinger battles medical curveball

First baseman fights through Type 1 diabetes to compete

SEAN LAUGHLIN

Antelope Staff

To be a collegiate athlete, you must be in remarkable shape and health. Between morning weights and conditioning at practice, your body goes through a lot. Add in a disease, and it's a whole 'nother' ballgame.

Connor Messinger, a senior from Niwot, Colorado, has to fight the roller coaster that is collegiate athletics along with his Type 1 diabetes.

At age 9, Messinger was diagnosed with Type 1 diabetes, which is caused by a pancreas that no longer produces insulin leading to too much sugar in the blood, or high blood glucose.

He was 9, so for him the early days were "a blur." He says the change in lifestyle was a lot harder on his parents.

"The burden fell mostly on my parents for the first handful of years. As far as getting my medications ready, giving me my shots, testing my blood sugar, preparing my meals and just overall monitoring me," Messinger said.

He barely remembers life before the diagnosis, but he does remember dreading

all the shots and Diet Coke. But, just like everything else during this transition, he got used to it.

Messinger has a number of ways to check and help make sure that his blood sugar is in the correct range needed be for his body to be healthy and to keep in top shape.

To check his blood sugar, he has a monitor that pricks his finger to get a blood sample, which shows his blood sugar number. He also has an insulin pump that is attached to his body. When his blood glucose is too high, it pumps insulin into him to lower his blood sugar.

Today, Messinger is the starting first basemen and three-hole hitter for the University of Nebraska Kearney Baseball team. His normal game day routine is much different from the rest of his teammates.

"On a game day, I will set my alarm for 3 a.m. to check my blood sugar so when I wake up in the morning, I am at a good number. Then, after a balanced breakfast full of protein and low sugar, I get an insulin dosage from my pump to cover up my carbs. During the game, I usually test

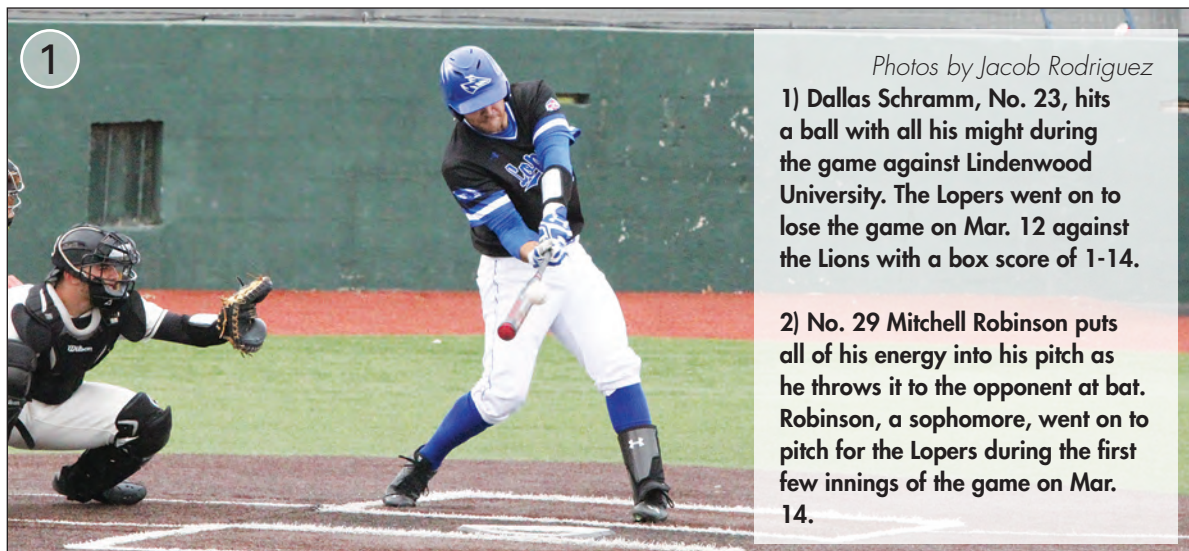
————— **MESSINGER**, PAGE 11



Photo by Sean Laughlin

Senior Connor Messinger from Niwot, Colorado, rips the ball into the left center gap in a game at Lincoln University. The sports management major has started all but one game at first base for the Lopers through the first 10 games of the year.

Lions pummel Lopers



Photos by Jacob Rodriguez

1) Dallas Schramm, No. 23, hits a ball with all his might during the game against Lindenwood University. The Lopers went on to lose the game on Mar. 12 against the Lions with a box score of 1-14.

2) No. 29 Mitchell Robinson puts all of his energy into his pitch as he throws it to the opponent at bat. Robinson, a sophomore, went on to pitch for the Lopers during the first few innings of the game on Mar. 14.



Original swing dance jazzy

Thompson Scholar United introduces students to jazzy swing dancing circa 1920

RACHAEL FANGMEIER

Antelope Staff

Speakers boom with the crisp sound of brass instruments. Pearl necklaces swing along with the beat. Fellas lift their gals into the air with smiles on their faces.

UNK students are not new to the world of country swing dancing, but the realm of jazz swing dancing is a foreign concept. Thompson Scholar United (TSU) member Laura Lyons, a Wilcox freshman majoring in elementary education, came up with the idea for this event that took place on March 9. Lyons attended the Big Band Dances at Kearney High School and said that is where she took an interest in swing dancing.

Lights dim, leaving the photo booth and colorful party lights to illuminate the HPER gym.

Girls in groups giggle as they try out different props to take silly pictures.

"I want the bowtie!"

"I'll take the moustache!"

The flash goes off and they scatter back to the dance floor.

Fellow freshman Claire Swantek, a Genoa early childhood education major, worked with Lyons planning the event. Swantek said this is a different style of swing dancing that students here are not used to, causing her to worry about possibly having a poor attendance. That was not the case.

Both Lyons and Swantek agreed they were pleased with the turnout and hope next year's TSU officers continue the event.

Balloons scattered across the polished wood floors, an occasional pop interrupts the big band music. Feathers in headbands flap as if they are wings while the girls dance the Charleston.

Norfolk sophomore Benjamin Aufdembrink, a supply chain management major, also attended the event.

"I have no idea how to dance this style of swing," Aufdembrink said. "I know country swing dancing." This event was his first time experiencing swing dancing as it began, but he plans to stick to his roots in country swing dancing.

Gretna freshman social work major Brooke Bokowski attended the event and loves swing dancing. Bokowski said she was in swing choir in high school. "I really like dancing. It's relaxing."

Some boys in boots and pearl snaps, some in dress shoes and bowties.

Lyons predicted there would be some confusion with the style. To accommodate all students in attendance, Lyons mixed in some country swing dance songs with the big band swing.

Faces light up with grins from ear to ear when the music for the country line dance begins; dancers grab the arms of friends to join in for a country line dance the moment



Photo by Rachel Arehart

Delaney Henry, a sophomore advertising PR major of Cedarburg, Wisconsin, and Dan Carlson, a junior industrial distribution major from Lebanon, Oregon, swing it at the Thompson Scholars United swing dance Wednesday, March 9 in Cushing.

that twangy note strikes their ears.

Experienced dancers show off their hot trots with the fox trot and beginners join in a beat behind.

Lyons said she enjoys planning events and this was her first big event. She really enjoyed the possibility of what could be included such as a photo booth and refreshments.

"Brainstorming was my favorite part. There were so many possibilities, and it's so fun," Lyons said.



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GAMMA program puts fun in safety info

KATEE DALY

Antelope Staff

A lot of things can happen when we don't know how to maximize our buzz: words like hammered, trashed, wasted, drunk. Maximize Your Buzz was planned to highlight alcohol safety problems with humor and facts.

Greeks Advocating for the Mature Management of Alcohol (GAMMA) held the first seminar to advocate safety while you drink March 9 in the Ponderosa Room.

GAMMA president Adam Ripp, a senior political science and Spanish major, said the group wants to curb incidents related to responsibility and safety.

"We saw a lot of stories of students going to the hospital for alcohol poisoning and getting too drunk on the weekends, and we wanted to sort of curb that. We know a lot of students drink, but we want to make sure they do it responsibly," Ripp said.

The lecture was intended to be fun, but it also hit the mark.

Alpha Phi freshmen Kristen Tomjack, a social work major, said she had friends who were on GAMMA from her sorority, and they had told her a little bit about it. "I

was excited, they said it would be fun, and more of a comedy side of things instead of just a regular lecture."

The evening was filled with comedy as predicted. Christina Lohman, the guest speaker for Maximize Your Buzz, got students up and active throughout the event. However, she also brought out interesting juxtapositions.

"Alcohol is a chemical depressant drug. It is made from a fermentation rotting process. This is a lot like blue cheese. If you drink one drink, it is like consuming one pound of blue cheese. Meaning if you drink six drinks a night or more you consume almost six pounds of blue cheese."

Lohman stated facts and showed students some major results saying, "This is also why studies are now showing the freshmen 50 instead of the freshmen 15. This is largely because of alcohol, but also because pizza is that much more ready. The freshmen 50 is almost unavoidable," she said.

Compare drinking to your limit of hoarding extra gas in your car: "Drinking past your buzz limit is like seeing these gas prices that are falling. You go to a gas station and fill up your car, but you decide, 'Well,

why not buy 10 more gallons and put it in my back seat?' You are already at your limit, you don't need to go past your limit. This is why you should know your limit," Lohman said.

Lohman ended saying, "Alcohol is not about drinking; it's about who you are. That is why we call it 'maximize your buzz' and not 'your drunk' because there is a difference between being buzzed and being drunk, so drink to enjoy it, not to get drunk."

GAMMA was recently recognized by student government last semester as a new organization on campus that promotes safe drinking.

GAMMA secretary Aubry Copeland, a pre-nursing major, said GAMMA promotes Safe Drive by hosting events like this one to get awareness out there.

Safe Drive is encouraged for students who recognize safety and turn over the keys responsibly.

Safe Drive was recently brought back to UNK, so if you or anyone you know needs a ride, call (308) 234-6735. These rides are available Tuesday, Thursday and Saturday. These rides are also free with a student ID.

Wagner enjoys KPLR ride

Despite no future plans in radio, Wagner still has fun

CHRISTIAN SCHWARZ

Antelope Staff

Some people go on the radio because they have dreams of becoming a broadcaster. Others, such as senior political science major Courtney Wagner, go on the radio to fill needed graduation credit.

"I never really wanted to do radio, I just had to sign up for the class since I couldn't be on the Antelope this semester and be on student government at the same time," said the Lincoln native.

Wagner has a show as a part of the



COURTNEY
WAGNER

Radio Workshop class. She said that radio is not in her plans.

"I don't think I would ever do radio in the future," Wagner said. "It's been fun to do a small show, but I'm not really great at public speaking, and I don't like to hear my voice over the air."

Still, she considers the program fun. "I do have fun being on the air. It's fun to pick music and listen to it and just talk to the people that are listening," Wagner said.

Music, in fact, is one of the best parts of being on the radio, she said.

"One thing I like about doing radio is getting to pick my music for the night and

pick what I talk about on the air."

Wagner says that there is one thing that makes her nervous on the air.

"I don't like speaking in front of people, and I feel like radio is the same thing even if I can't see them," Wagner said.

Despite fears of public speaking, she still enjoys her show.

"Personally, I like country music, so I mostly play that. Usually, I just play whatever I'm in the mood for. If I'm in a good mood, I play party country. If I'm in a bad mood, I play sad songs," Wagner said.

"My plans after college are to move back to Lincoln with my husband and find a job there," she said.

You can catch Wagner's show on 91.1 KLPR Wednesday from 7 to 9 p.m.

CAMPUS CRIME LOG

MAR 3: Police officer received a call from CTW RA regarding resident being approached to buy LSD. After further investigation it was determined female was not trying to sell drugs. Case closed.

MAR 3: Officer received report of subjects possibly dealing marijuana at UNK. After further investigation, 2 subjects issued citations for possession of drug paraphernalia. Case closed.

MAR 4: Officer received report of female student being harassed. Discussed options with subject, who decided not to take enforcement at this time.

MAR 5: Traffic stop resulted in the discovery of four minors who were in consumption of alcohol. All of the subjects were issued citations and released. The driver of vehicle was issued a warning for speeding.

MAR 5: Two male subjects were issued citations for MIP after being contacted in lot 7. Case closed.

MAR 6: Conducted a vehicle welfare check in lot 14 and discovered three subjects who were in consumption of alcohol. A fourth subject was also present and cited for having an open container of alcohol in the vehicle.

MAR 7: Officer received report of computer taken from Copeland Hall. Owner called back after he reported the theft, he found his computer in his possession on a folder. Case unfounded.

MAR 7: Received report of possible scam via Skype. Subject did not lose any money. Case closed.

MAR 8: Received report of suspicious fire in the kitchen area of NSU. Case open.

MAR 9: Female subject reported that keys possibly damaged her vehicle and there were also obscenities written on her vehicle.

MAR 12: An anonymous male advised there was alcohol in room 403 of Antelope Hall. Four males and one female were cited for MIP. One male subject was also cited for procuring alcohol for minors. Case closed.



Photo by Shelby Cameron

"Just as they say don't judge a book by its cover, don't judge an athlete by their state, but by their character, hardwork and motivation," Anthony Ianni told the audience. Ianni, former Michigan State basketball player and now one of the most sought after anti-bullying motivational speakers.

RELENTLESS from page 1

all ages would be able to relate to and learn from," said Rash.

Ianni spoke openly with the audience about his struggles through school with autism and how he was able to overcome his difficulties with the help of his family, friends and the values he continues to live by everyday.

"My values through school were always in order: faith, family, school, then basketball," said Ianni. He believes that without those values, he would not have achieved everything that he has in life.

"The harder you work, the more you earn," said Ianni multiple times during his presentation adding that the motto has been his philosophy through out life.

Before ending his presentation, Ianni told the audience that motivation, hard work and support are the keys to fully succeeding in life.

'Make an impact, leave an impact'

How did he do it? How did he keep fighting when he was told he couldn't?

ANA SALAZAR, RACHEL FANGMEIER
Antelope Staff

Anthony Ianni graduated from Okemos High School in 2007 with dreams playing college basketball though he was autistic.

Ianni had been diagnosed with autism at age 4, and his parents were told that he would always have a hard time and not likely even graduate high school.

He first went to a smaller program, but his eyes were on Division I and the Michigan Spartans, an opportunity many would conceive as unfathomable. Ianni, who is 6 feet, 9 inches tall, left Grand Valley State University in Allendale, Michigan, after two years to pursue his dream of playing Division I basketball at Michigan State University.

He said his parents told him he had a learning disability, but he wasn't told the details until he was a freshman in high school. When he learned more about his condition, he said it wasn't discouraging, but motivating.

Ianni wasn't about to let the doubts of others control his fate. In fact, he said he used those doubts as inspiration and fuel to go further.

Ianni has a form of autism that causes him to perceive what people say more literally than they mean. He worked with his speech therapist for years to get where he is today.

People said he would never graduate high school, be able to play basketball or live a normal life.

It wasn't always easy. As a side effect of his autism, Ianni he had trouble with "nouns, verbs and idioms," and had trouble focusing when he was younger.

How did he do it? How did he keep fighting when he was told he couldn't do it? Ianni said, "I had to work hard at everything."

Ianni graduated from Michigan State with a degree in sociology and travels to schools around the country to



Photo by Shelby Cameron

Anthony Ianni, former Michigan State basketball player and now one of the most sought after anti-bullying motivational speakers. Anthony Ianni is the first ever athlete with autism to play Division I Basketball.

give his presentations and inspire students everywhere. At 27 he plays basketball just for a rec league. "Golf is my retirement sport," he said.

Ianni is married and said his 1-year-old son is his motivation. Ianni is also involved

"I had to work hard at everything."

— Anthony Ianni

with the Kids and Dreams Foundation and encourages students to look into having the rewarding experience of volunteering for the organization.

Ianni challenged the audience to hug their families every chance they get and not take moments with friends for granted. Tomorrow is not promised with those you love either, he said.

Ianni tells the story from his junior year of high school when his uncle was murdered and how he was affected. Ianni wasn't doing well in school or basketball anymore— not

until his coach challenged him to make his senior year his best season on the court and year in school.

If Ianni pulled himself together, succeeded and graduated, his coach promised he would be the first one to congratulate him on the other side of the stage, he did. That support made a difference.

His childhood dreams would be realized.

"Make an impact, leave an impact," Ianni says. In his presentation he encourages students who attend his tour speech do the same

Ianni says he "proved the world wrong" by doing what he was told he couldn't, and now he now goes around the nation creating awareness about what autism really is. Just because the description of the disorder says it is difficult for those with autism to achieve big goals, does not mean that is the case for all the kids diagnosed with it and people need to learn that.

If you want to learn more about the tour or Ianni you can visit the website relentlesstour.com and to learn

GROSSNICKLAUS from page 1

Photo courtesy of UNK Communications
At 4-years old, Luke Grossnicklaus was diagnosed with a rare skin disease, known as linear scleroderma, which led to the suffocation of his right leg.

He remembers a doctor telling him he would never be able to bend his leg again. "I could either accept that fate, or overcome that fate and do something different about it," Grossnicklaus said.

hikes. Grossnicklaus doesn't like to think of himself having a disadvantage; he just wants to be on the same playing field as everyone else.

"Luke is a good student who expects the same things from himself as anyone who hasn't had the obstacles he has had to overcome," Bernt said.

Along with golfing at UNK, he is also a student diplomat. Grossnicklaus also enjoys watching many sports, and even participates on campus in intramural basketball.

In the spring and summer, he runs a lawn mowing business back in Aurora, which his eldest brother, Ryan began nine years ago by. At one point, his family took care of 28 lawns.

With his older brothers moving on in their educations, Grossnicklaus solely manages the family business now, taking on six lawns. He said it's nice to have flexibility with his job and to use his free time in the summer to golf.

Both Bernt and Grossnicklaus were in agreement that his strongest talent on the course is his short game.

"He is very gifted around the greens," Bernt said.

Grossnicklaus is excited for the opportunity to compete this spring, and perform better than he did in the fall. As a team, he said qualifying for regionals and potentially nationals is the primary objective.

Despite everything, Grossnicklaus radiates positivity, and refuses to let anything stop him from pursuing his goals.

"My aspect on life is to treat everyone with respect, and you will get treated with respect as well. It definitely has changed my aspect of everything that I do have. I try to look at the positives in my life, not the negatives," Grossnicklaus said. "I wasn't going to let this one negative of having a prosthetic leg overtake all the positives I have in my life."



NO-WIN from page 2

the evangelical conservatives at his back and his inflammatory speech at anyone who isn't like him, the slow, lingering death of the party would be all but assured.

Alternatively, if none of the nominees get enough voters behind them, the party could do something called a brokered convention. If this is the case, the party leaders just pick a candidate because the quota has not been met. The problem with that is that not only would they be picking an unpopular candidate who could not bring in votes, but it is also unlikely that these two individuals would accept defeat

and support that choice. At least one civil war would be on their hands and, with all that infighting, the conservative vote would tank between the myriad of different candidates.

The Republican Party is in a catch-22 position when it comes to the ultimate fate of either Ted Cruz or Donald Trump. It is a no-win situation, and they have no one but themselves to blame. With years of xenophobic oratory and the embrace of fringe elements so much that the fringe has become mainstream, the GOP has made their bed. Now they have to sleep in it.

ELEPHANT'S EYE from page 5

ones available."

The bar also features a variety of beer and other mixed drinks, including the Storm Chaser, which is a sweet drink colored purple after the Tri-City Storm. For those not yet of age, the Elephant's Eye also features some virgin drinks that include the piña colada, lime margarita and strawberry daiquiri.

The seating is limited because of the scheme of the bar, however. This becomes problematic as traffic becomes heavier

during the weekends, and you run the risk of being left to stand if you arrive later.

With this being said, I actually have come to enjoy the smaller and more personable scheme of the Elephant's Eye. I think that it further adds to the atmosphere of "getting away" that the bar strives to create. So, if you are making plans for a night out and want to try something new, consider the Elephant's Eye. You may just get that vacation you've been waiting for without even leaving town.

MESSINGER from page 7



CONNOR
MESSINGER

about once every three innings. Whenever my sugar gets low, I drink an apple juice can, and insulin pumps when too high," Messinger said.

He said playing a sport with diabetes isn't as impactful as one would think. He just

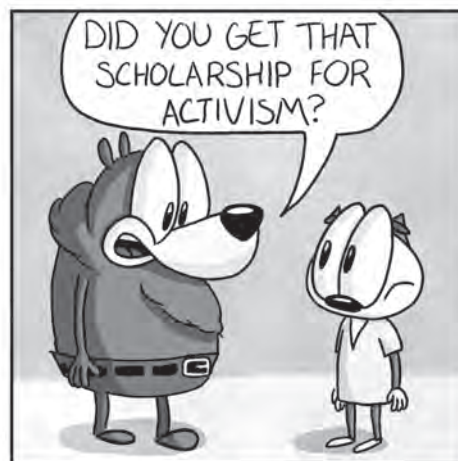
needs to make sure that he is keeping his blood sugar in the right range. But, when his blood sugar gets too low or high he will get a little dizzy, and it becomes harder to pick up the ball.

He recalls one time last season against Emporia State he hit a double, and instead of doing the usual celebration at second, he had to call timeout. He ran to the dugout and chugged an apple juice quickly. Not

exactly something you see on the field everyday.

His diabetes might require constant care along with frustration at times, but it shaped him to be the guy he is today.

"I don't think I would be the person or athlete I am today without it," Messinger said, "It forced me to deal with responsibility and adversity at a young age, which helped me mature."



By: L. A. Bonté



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Striving to Strike Out Arthritis

Alpha Omicron Pi raises funds while having fun at dodgeball tournament



Photos by Kori Hixson

1) The 10th Annual AOPII Strike Out Arthritis dodgeball tournament was held March 8 in the Health and Sports Center. The event attracted over 200 players and raised around \$3,500 for the Arthritis Foundation.

2) Kale Gideon prepares to deflect a throw from the opposing team. Gideon is a freshman from Burwell.



KORI HIXSON
Antelope Staff

The 10th annual Strike Out Arthritis dodgeball tournament took place on Tuesday, March 8 in the Health and Sports Center. The first dodgeball was launched at 6:30 pm and games continued throughout the evening.

Playing for a Cause

Who doesn't love a classic game of dodgeball? Although the event revolved around dodgeball, the main focus was to raise awareness and funds for the Arthritis Foundation. This foundation is a non-profit organization with the mission of improving lives through leadership in the prevention, control and cure of arthritis and related diseases.

Ellie Lesiak, a sophomore pre-pharmacy major, is the new philanthropy chair for her sorority, Alpha Omicron Pi. Lesiak explained what their philanthropy entails and shed light on the number of individuals affected by arthritis.

"A little-known fact is that arthritis



ELLIE LESIAK

affects more than 50 million adults and 300,000 children in the United States alone. One in five Americans suffer from more than 100 forms of arthritis. It is the leading cause of disability in the U.S. Through supporting the Arthritis Foundation, we hope to help them accomplish their mission and strike out arthritis for good," she said.

More than Stats and Diagnoses

Lesiak reflected on the meaning of her philanthropy - beyond the stats, funds raised and diagnoses. She stressed the importance of personal connections, found through her sorority sisters and loved ones who are affected, as well as a couple of members who are personally affected by arthritis.

"Helping the Arthritis Foundation means a great deal to me because many of my AOPII sisters are affected by this disease. Dani Vallis, Marisa Miles and Abby Krysl

all are personally affected by arthritis, and many others have loved ones with the disease. I have seen how much it can affect their daily lives and the pain it causes them. Nobody should have to suffer through that, and these personal connections have helped my sisters and I realize why our philanthropy is so important," Lesiak said.

Raising Funds While Having Fun

The dodgeball tournament has been a very popular and fun event for UNK students in the past, and that remained true this year. The event was a great success, with 26 teams registered in the tournament.

the night.

Lesiak expressed her gratefulness for those individuals throughout campus and the community who ensured the success of the tournament.

"The event was a huge success. We are so grateful for the support we received from UNK students as well as community members and area businesses. Our event would not have been possible without them," Lesiak said. "Not only did we raise \$3,500 for the Arthritis Foundation, but everyone had a great time as well. It's always fun to see how creative teams get with their names and outfits, and to see how competitive the tournament gets.



Helping the Arthritis Foundation means a great deal to me because many of my AOPII sisters are affected by this disease.

— Ellie Lesiak



Each team consisted of five or six players. Between players and spectators, there were over 200 people at the event throughout

We had a great turnout and hope to see everyone again next year."