the antelope

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NEBRASKANS MARCH TO D.C. ON ONE ISSUE



Courtesy

On Jan. 27, UNK's Students For Life group took 23 students to Washington D.C. for March for Life.

The rally began at noon with the march beginning at 1 p.m. at the front of the Washington Monument. The group traveled from the monument to the US Capitol Building.

Speakers included from Vice President Mike Pence, Representative Mia Love of Utah, Cardinal Timothy Doland and Benjamin Watson of the Baltimore Ravens.

Since 1974, pro-lifers have marched across the nation on the anniversary of the Supreme Court decision that legalized abortion in 1973.





Super Bowl

increase in antacid sales the Monday after

pounds of hotdogs sold during the game

increase in beer sales during Super Bowl week

Patriots VS. Falcons Super Bowl 51•

footballs saved for the game out of the 700,000 made

Info graphic by Rachael Fangmeie

y the numbers

Who gets the better deal when it comes to the meals?



ELIOTT GONNELLA

Columnist

Another semester, another policy that the university unveiled over an extended break. This one deals with a favorite

substance of mine, not caffeine or the occasional nicotine, but food.

I enjoy food, as my waistline can attest, but I also enjoyed the access plan the University had for my first three semesters. It was a simple way I could enjoy three meals a day, maybe two if I had to work the evening shift, but I never was hungry or had to worry about what to

The options became repetitive occasionally, but it was hot, edible and tasted fairly good. I felt like I was using my \$2,181 per semester well.

But, when I came back from winter

"I took that as a challenge, and if you don't like to see math, skip the next few paragraphs."

break and saw the email, an instant red flag was raised when I saw the phrase "We're happy to inform you about an exciting new change to your meal plan, effective now!" Nothing good ever comes with an opening phrase like that.

The change from the unlimited plan to the new meal plan includes more "dining dollars" and something called block meals, which means a swipe of the card no matter if it is a full meal or a

I'm not against change, but there seemed to be something off about this. I clicked on a few links to reach the main page to get some more information and to figure out what my new plan would get me for the same price. How many meals would I be getting for the same amount of money to last me the whole semester?

Eleven bloody meals a week! That is the number of meals I get if I want to make sure this lasts me the rest of the semester. Including both the block meals and dining dollars, I only get 11 meals a week? Heck, this barely covers breakfast and dinner for the school days!

So I filled out the form and switched back to the unlimited plan, one less thing to worry about this spring semester. Looking over the official page I came across this gem in the tab to change plans, "However, you are already on the plan with more freedom and flexibility. It's the

"It's the better deal so why change?"

better deal so why change?" I took that as a challenge, and if you don't like to see math, skip the next few paragraphs.

I used the following formula: Weeks in a semester where the dining services are in operation (x) times the number of meals eaten a week (y) equals the number of meals eaten in a semester (z) or $x^*y=z$. Then, take the price of your current meal plan (a) and divide it by z to get the price per meal (p) or a/z=p.

Say I eat at Louie's for 16 weeks, and for the sake of argument under the unlimited plan, I eat a solid 20 times a week. Multiply those together, I get 320 meals over the course of a semester. The price for my plan per semester was the previously mentioned \$2,181. Divide that by the 320 and it comes out rounded to \$6.82 a swipe of the card. I never ate at any of the restaurants in the Union, so I don't need to worry about those points. For all you care to eat, almost \$7 a card swipe is a phenomenal deal.

Now on to the new plan, still the lowest price option. Eleven times 16 gets me a grand total of 177 meals for the semester. So taking the total per semester, \$2,181, and dividing that by 177 rounding up the last cent, you get \$12.33 per plate, a total of \$5.51 difference between the two plans... and the latter is the better plan in their eves.

It is, I won't deny that, but not for the students.

Why pay the same for less? And this isn't a small amount of money either, but it really adds up over time and doesn't make sense. Even if you are a commuter student, why purchase a meal plan that, quite frankly, is a rip -off? You eat at The Lantern or Rustic Range a lot? Pay for it with your own money; it is a lot cheaper than paying for a meal plan.

Even on the larger plans, the cost doesn't add up to the gains of the student. The gold plan gets you 15 meals a week for \$2,294 a semester. Using my formulas stated above, the price per plate is \$10.43 with that plan. The largest plan, the Loper plan, which has 20 meals a week for \$2,340 gets you about \$7.32 per card swipe. Even at the lowest All Access meal plan, I am still getting a better deal than if I paid an extra \$159 a semester. Heck, three swipes for \$12.33 means a few gallons of milk, eggs, meat, vegetables and fruit that will last a lot longer than a single day living off-campus.

This is the reason many live offcampus as soon as they can. As much as I enjoy the hospitality, fast wireless internet and my fraternity's house, it doesn't make

"So I ask the university, who is the better deal really for?"

sense to spend almost \$10,000 a year for housing and 11 meals per week a semester. If there were better options or the same options at a lower cost, I would be more inclined to stay on-campus. However, in order to avoid taking on extensive debt, I will be looking for a place off-campus and that decision was pushed forward by this change without forewarning.

The new meal plans aren't more flexible and they cost more and at the end of the day. You are probably going to get less than what you originally thought. So I ask the university, who is the better deal really for?

READ MORE

about UNK's new meal plans on page



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Find a job or head home

The challenge for international graduate students in U.S.



PAULA JIMENEZ

Antelope Staff

The struggle is real: foreigners in the U.S. face challenges after graduation, says international student

Paula Jimenez from Barcelona, Spain. Jimenez completed a business administration degree in spring 2016 but opted to stay, starting an advertising and public relations degree while continuing with the UNK tennis team. She played for the Lopers on 2013 through 2016 and is now the student assistant men's and women's tennis coach.

The pressure is on for international graduate students when their undergraduate college career is over. There are about one million international students seeking their degrees in the United States. More than three-quarters of these students want to stay in the U.S. after they graduate. The land of opportunities is able to provide foreigners with a variety of life options that they would not have been available in their own countries. But how easy are these opportunities to get? Do foreigners actually have chance to live the "American dream"?

After four or more tough years of studying in a different country with

challenges such as adversity, cultural factors and language barriers, all international students hope for upon graduating is to get a job. However, the job hunting process is never easy. Foreign students who want to stay in the U.S. after finishing their education must find a job or at least an internship within three months

after their graduation in order to obtain Optical Practical Training (OPT) status. OPT status allows international students to stay legally in the U.S. for another year. The job can only be in their field of study, which means that international students are

not allowed to go work as a bar tender in order to "survive" that year of OPT. By the day that OPT expires, if foreigners are still not able to find an employer that wants to hire them and that is willing to sponsor their working visa, they have to say goodbye to their dreams and leave the United States.

International graduate students are forced to work twice as hard to manage staying in the United States in order to find a job. It is very important that foreigners use all different type of resources when it comes

to applying for a job. As an international job-seeker, you need to make yourself more valuable than any other possible candidate for the position. If you are lucky enough to make it through the first selection process and get an interview, foreigners need to convince and assure the employer that they are the perfect fit for that position. Most

International graduate students are forced to work twice as hard to manage staying in the United States in order to find a job.

employers ask themselves: why should I hire a foreigner and pay thousands of dollars to sponsor their visa when I could just hire a U.S. citizen and not pay a penny for them? Therefore, companies can only sponsor foreigners if they can show that they cannot find an equally qualified American citizen for the job. With this in mind, international graduate students must step up and prove why they are the ones that should be hired.

If an employer decides to hire an international graduate student, they must

apply to the government for a working visa on behalf of the student. When this visa, called H1B, expires in three years, the foreigner must apply for another type of visa or green card to retain legal status in the United States. Another way of becoming a U.S. citizen is marrying an American citizen. Even though it can seem



an "easier" way to obtain a green card, this method can come with a lot of dangers. In order to get the green card after marrying a U.S. citizen, the government goes through all different sorts of processes and initiates an investigation to make sure the marriage is

U.S. employment opportunities for international graduate students are very limited right after graduation. Foreigners need to be realistic because not all international students will find a job in the U.S. It is important to be aware of all the deadlines through all the processes because once you are do not have a student visa anymore, your time in the United States is running out and the countdown begins. Being brilliant, different, exceptional and incomparable are the traits that will let you live the longed-for "American dream."

the antelope | 2017 spring staff

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Ad Staff

Mackenzie Crowder Daniela Gonzalez Micaela Klassen Dylan Munson Rachel Stauffer **Print, Online Adviser** Terri Diffenderfer

Ad Adviser

Terri Diffenderfer

Contact for Antelope Advertising:

antelopeads@unk.edu

The Antelope
166 Mitchell Center

UNK - Kearney, NE 68849

STORY OR EVENT IDEA?

Contact for Antelope News:

Rachael Fangmeier fangmeierre@lopers.unk.edu maloleymr@lopers.unk.edu

New meal plan



New Upgrades. More Choices. Better Value.

LOPER PLAN - (previously "All Access 200")

220 Block Meals

580 Dining Dollars – equates to approximately 97 retail meals

GOLD PLAN - (previously "All Access 160")

160 Block Meals

460 Dining Dollars – equates to approximately 77 retail meals

BLUE PLAN - (previously "All Access 60")

120 Block Meals

340 Dining Dollars - equates to approximately 57 retail meals

UNK COMMUNICATIONS

The University of Nebraska at Kearney's students return from winter break with new meal plans that offer them more food, more flexibility and more convenience – without costing them more.

Through a renegotiated contract with dining provider Chartwells, UNK is simplifying meal options and adding Dining Dollars to let students eat more often at the retail restaurants in the Nebraskan Student Union and across campus. The new plan expands their buying ability and flexibility at campus coffee shops and restaurants, while maintaining their regular residential dining access at The Market@27th and Louie's Diner.

The contract was finalized late in December, and the new meal program started immediately with students' arrival for spring semester when campus dining services opened Sunday.

The renegotiated agreement brings

\$1 million in additional investment to UNK, including a new lineup of restaurants in the Union this fall. Those restaurants will be announced at a later date.

Restaurants currently operating in the Union include Rustic Range Burgers & Fries, Lantern Asian Cuisine and Subway.

"UNK values our input from students and their families, and we understand the significance of affordability and value while attending UNK," said Scott Benson, Director of Business Services. "Quality, affordability, convenience and flexibility are the most important themes in the feedback we hear from students.

"Through a new agreement with our dining contractor, Chartwells, we are now able to offer these new options to our students, and we immediately put the new plans into place to bring better value and convenience."

Benson said the plans will continue into future semesters. The renegotiated contract continues through June 2021.

Thinking of UNMC?

Student application requirements need to be met by Feb. 1

RACHEL OVERBY

Antelope Staff

Many students think and dream about their futures their whole lives but for some, like Allie Verzani, choosing a major was a decision not made easily.

Verzani, a sophomore from Kearney, did not have a plan for her major, but knew she wanted to help people.

"I have always wanted to be in the medical field, just because I want to help people. But I didn't know for sure what exactly, but from talking to other girls I thought nursing would be a great choice because of all the different paths I could take," Verzani said.

Verzani is applying to the University



of Nebraska Medical Center here at UNK. The application process was lengthy but she knew that UNMC was the right place for her. Being from Kearney, she appreciates the small size and likes to stay close to home

while still getting a great education.

Verzani says she is excited for the hands-on learning in a new state of the art facility. "UNMC is one of the best medical centers in Nebraska. Kearney's building is really new and has all the latest technology and I think that creates a great learning environment and really sets its students up for success."

Students must meet a list of requirements before they can be considered for UNMC. Students need to have met all pre-requisite classes before applying as well as having two letters of reference, an overall GPA of 2.5 or higher, a background check, a signed disclosure statement and, sometimes, an interview may be needed, according to UNK.edu. Students also need to have a CPR certification for Health Professionals and the necessary immunizations.

Current UNMC student Emily Hohenstein says, the application was

hard work but very much worth it. Hohenstein, a junior from Omaha, says she is very grateful that she got into such an amazing school and program. Her advice for students looking to apply is simply to work hard and focus your energy on the thing you love doing.

"Good grades and passion will get you in. Never doubt that you have the ability to be a nurse," Hohenstein said.

Hohenstein thinks that everything she did to prepare for nursing school was worth it and actually helps her in her current program. The long hours spent studying for her classes truly have prepared her for the more difficult classes over at UNMC.

"Try and retain as much as you can from Anatomy and Physiology. That class has really helped me with nursing classes," Hohenstein said.

When asked, Hohenstein said the long application process was worthwhile.



"Good grades and passion will get you in. Never doubt that you have

the ability to be a nurse."

/ Emily Hohenstein

"Well, of course! I got accepted into a highly regarded program to study something that I am extremely passionate about. Couldn't have been more worth it."

The application requirements might seem daunting to some, but these two students say attending UNMC is the chance of a lifetime. Students do not even have to leave Nebraska to get one of the best health science educations.

For any students interested in UNMC, there are many different degree options to consider but the deadline for application is quickly approaching. Students need to

UNMC, PAGE 11

Worlds of understanding unraveled

Assistant professor Dr. Adam Jensen explains how thousands of exoplanets can be detected with billions thought to exist

JESSICA TUREK

Antelope Staff

The discovery of the exoplanet 51 Pegasi b in 1995 was the beginning of a minefield of new planets discovered outside of our solar system, according to NASA. Dr. Adam Jensen, assistant professor of the UNK Physics Department, said we know about thousands but also know billions more likely exist.

Jensen presented "Understanding Other Worlds" Friday Jan. 27 and lectured about the different ways the exoplanets are detected by scientists today, including the radial velocity method, transit method and

direct imaging.



ADAM JENSEN

RADIAL VELOCITY

The first notable method is radial velocity.

The larger gravitational pull belongs to the star, therefore causing planets to revolve around them. However, planets have a small

gravitational pull on stars causing them to wobble, even if just slightly.

Scientists are able to detect these wobbling stars with the "Doppler shift' method, created about 150 years ago by physicist Christian Doppler.

The Doppler shift method is the stretching and squeezing of energy waves as they move closer or farther away from an object. Scientists use this knowledge and technology to detect any significant changes in a star's light waves, a form of energy wave, throughout time.

If the light waves are both squeezed and stretched over time, then a wobble in a star can possibly be detected. Light waves show different colors when they are squeezed and stretched. Closer together the color is redder; farther away the color is bluish.

TRANSIT METHOD

In the second method, transit, scientists use the 'light curve' to observe a drop in a star's regular light brightness, which can indicate a planet in front of a star. The light curve is a continuous line, dropping when there is a blockage of light.

The size and length of an exoplanet can be detected as well on the light curves. A larger planet will block more light, causing a larger drop in the light curve than a smaller planet. The farther away a planet is, the longer the planet will take to travel across the front of the star. Therefore, the longer the drop will remain on the curve.

Jensen focused his research on part of the transit method. He focused on the subtle color difference in the star's light passing through the planet's atmosphere. Jensen said, "The light coming through that atmosphere, what we call certain colors or wavelengths, will get absorbed by the atmosphere and other ones will pass through."

DIRECT IMAGING

The third method, direct imaging, allows scientists to take pictures of exoplanets by removing most of the light given off by the star.

Jensen's interest in exoplanets stemmed from the dramatic increase of evidence throughout his time growing up, going to college and becoming a professor. "Now we know about thousands and from there we can extrapolate the billions in our own galaxy. That's really exciting," said Jensen.

LOOKING TOWARD FUTURE

Jensen hopes in the long-term, 20 to 30 years from now, scientists will be able to study an exoplanet's atmosphere to understand similarities to the earth's atmosphere in a richer context than they are able to today. In an optimistic example, they even might be able to look for characteristics of life.



Courtesy UNK Communications

Dr. Adam Jensen, an assistant professor in the University of Nebraska at Kearney's Department of Physics and Physical Science, leading a group that will explore the existence and evolution of exospheres around exoplanets, the outer 'unbound' portion of a planet's atmosphere.

Jensen said, "Our atmosphere is out of equilibrium to what one would expect in the presence of life. If we did not have life on Earth, the oxygen in our atmosphere would cease to exist, but oxygen does exist from a cycle caused by life.

"That is a part of one of these ultimate goals — to use these techniques to look for that sort of thing," Jensen said.

"The current technology makes looking for an Earth-like atmosphere on smaller Earth-like planets difficult. Scientists can only attempt to see certain, big atmospheric features from planets, which are typically a bit larger than the Earth," Jensen said.

Jensen is not sure when scientists could send a robotic missions or person to an exoplanet, saying, "We have only sent humans as far as the moon. And then we sent robotic missions to actually get to the edge our own solar system and a little bit beyond, but you need to get several times further to get the next star."

Jensen thinks robotic missions are possible with technological advances. "To get some kind of robotic mission to an

exoplanet, you know, I think that that is something that is conceivable within the next few decades; or I sort of expect them in the next hundred years or so, maybe sooner," Jensen said.

He said the problems of sending a person to an exoplanet are much more complex because of the multitude of issues that would be needed to be taken in account, including a spacecraft that would withhold transporting people.

"To me that's not really on the horizon, but the robotic mission," Jensen thoughtfully said, "I think that is the distant horizon, but people are already talking about it. People are already starting to develop that."

EXOPLANETS TODAY

NASA has confirmed 3,442 exoplanets with 4,696 candidates in 2,571 solar systems with the majority consisting of ice giants and gas giants, yet 781 are super-earths and 348 are terrestrial. This knowledge opens the possibility of exploring for existing life in the future on one of these planets.

Team fortunate to land Trent

DAVID MUELLER

Antelope Sports

A high school coach once told Yashua Trent he would never amount to anything more than a junior varsity player.

He remembers that moment every time he steps on the hardwood, even four years later at UNK. It gives him an extra push when he needs it most.

Trent, a junior from Chicago, has since become one of UNK's premier players. It wasn't until the preseason, however, that UNK coach Kevin Lofton knew Trent was going to be a great asset.

"From a statistical standpoint, he's made a really big contribution. Leadership wise - I think he's done a good job of picking up the system..." Lofton said. "...He does a good job of getting his teammates the ball in the right place at the right time. That's what you need out of your point guard."

The Lopers needed a point guard following last season's 21-12 finish and NCAA Tournament run. The coaching staff came across Trent last spring, liked his game and thought he would mesh well with the squad.

But his impressive resume made him highly sought after by three other schools, and the Lopers nearly missed out.

Trent verbally committed to UNK's MIAA southeast neighbor, Missouri Southern State last spring. The Lions guaranteed him a scholarship with one simple request - eliminate all other

ABOUT YASHUA TRENT

Nickname: YT

Favorite food: Cheeseburgers

Favorite TV show: "Martin"

Favorite professional team: Oklahoma

City Thunder

Favorite player: Russel Westbrook

Role model: Father



I think his leadership has gotten better as the year has gone on. His teammates respect him more – they trust him more.



/ Coach Kevin Lofton



"When I got here I fell in love with the campus, how everything was so close, how nice the gym was," Trent said. "I want to be a teacher, and the education program is really good here and definitely sparked my interest. I knew this was the right place for me."

options.

He sent a text to Lofton explaining his decision to choose Missouri Southern. Lofton called Trent's father, wished them the best and shut down communication.

But it didn't take long for Trent to reconsider - he felt it was only fair to visit

"When I got here I fell in love with the campus, how everything was so close, how nice the gym was," Trent said. "I want to be a teacher, and the education program is really good here and definitely sparked my interest. I knew this was the right place



Photos by Todd Rundstrom Trent got UNK back on track after enduring a two-game losing streak. The Lopers won back to back conference games last week at the Health and Sports Center with Trent contributing 13 points and 11 assists.

for me."

His success at the collegiate level is nothing new. Trent was named a secondteam all-league and second-team allconference player for two other programs.

As a freshman, he was a key component to Kishwaukee (Illinois) Community College's 29-7 record and national tournament appearance. Trent distributed a league-best 9.6 assists per

Defensively, he set a school record in steals, grabbing 142.

Trent transitioned to Mineral Area

College (Missouri) the following season, where he continued to excel. MAC was tabbed 18th among the nation with a 25-6 record, while he contributed averages of 11.8 points and four assists per game.

In his first season, Trent said his transition to UNK has been smooth and his numbers don't lie. He ranks first in assists (4.5 per game) and third in scoring (12.9 per game) among the Lopers.

Trent has also etched his name in MIAA individual leaders. He ranks fourth in assists, fifth in steals (1.7 per game), 18th in scoring and 23rd in free throw percentage (.674).

Lofton has seen quick growth in Trent on and off the court.

"I think his leadership has gotten better as the year has gone on. His teammates respect him more - they trust him more. I think his ability to get guys to follow and listen to him on the floor has gotten a lot better."

UNK still offers Trent something he's never experienced with any other team.

"This team shoots the ball better than any other team I've ever been on. Everybody can shoot the ball - one through five," he said. " And the fans are amazing. They make you want to play better and get wins so they keep coming

Trent, an education major, hopes to become a teacher and coach upon graduating.

"We were fortunate to get him," Lofton said.

FUN FACT

"I used to be a big

wrestling fan - WWE. My favorite wrestler is John Cena. I used to cry when he would lose. I was a huge wrestling fan when I was younger. I was upset to learn it was fake."

/ Yashua Trent

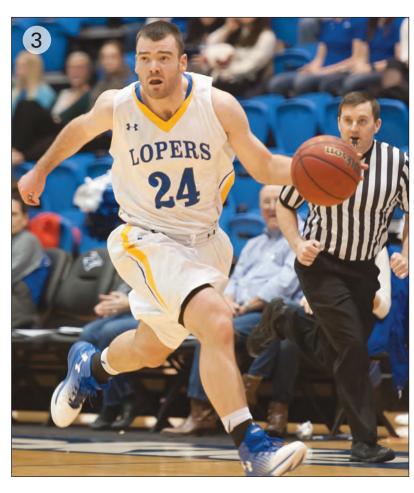
Free throws carry Lopers over Lincoln

Players hit 36 free throws; close battle gets heated with 5 technical fouls downing Blue Lions in the end: 102 - 90









Photos by Todd Rundstrom

- 1. Freshman forward AJ Jackson drives to the basket during action Saturday afternoon at the Health and Sports Center. Jackson had two points in seven minutes of action.
- 2. Junior forward Trey Lansman looks to pass over Lincoln's Jaylon Smith. Lansman, who played all 40 minutes of the game, made 12 of 15 field goals, including 3 of 4 three pointers to lead the Lopers in scoring with 30 points. Lansman also had seven rebounds and three assists.
- 3. Senior Kevin Dineen pushes the ball up the court during the first half against the Blue Lions. He recorded nine points, four rebounds and two assists while playing 22 minutes.
- 4. Sophomore guard Isaiah McKay sets up for a three point shot. McKay finished with seven points, three rebounds and 24 minutes in the game.

Lopers BB sit 11th in MIAA after 2 big wins

ELLEN LAIRD

Antelope Staff

The Lady Lopers took on the Lindenwood Lions and Lincoln Blue Tigers, coming out on top in both games.

The Lopers rallied with the Lindenwood Lions last Thursday, scoring tightly in all four quarters. UNK outscored the Lions each quarter, coming out 69-55. The Lopers only had to fight back for the lead twice.

The Ladies had hot hands shooting threes against the Lions, making 13 three pointers to tie for second-most in school history, one make away from tying the all-time school record.

UNK had 20 points in the paint to the Lion's 28, but out-rebounded Lindenwood bringing down 47 rebounds to Lindenwood's 35.

Offensively, UNK brought down 14 out of the 47, which was two more than Lindenwood.

BARRY RACKS UP 23

Junior elementary education Michaela Barry, from Norfolk Catholic, racked up 23 points that night with 18 of those points coming from three pointers.

Mackenzie Brown, a junior business administration major from Grand Island Northwest, tied her season-high of 20 points. She made 18 points from the three point line out of 14 attempts.

Senior Alexa Hogberg, from Chandler, Arizona, hit the 13th three-pointer of the night.

The Lady Lopers shut down Lincoln on Saturday afternoon on the Buckle Court with yet again, scoring ten threes. Lopers.com published stats indicate this is the first time since November 2014 UNK has had back-to-back games with double digit threes scored.

The top-scoring players were similar to the previous game, as Barry and Brown racked up 46 points together.

LOPERS RIP DOWN 47 REBOUNDS

The Nebraska-Kearney Lopers ripped down 47 rebounds to Lincoln's 37, offensively out-rebounding Lincoln by 4 grabs. Senior recreation parks tourism management major from Centura, Courtney Aitken, pulled 11 points off the glass. She walked away as the high rebounder that afternoon. Imani Kyser of Madison, Alabama ripped nine down. Barry and Hogberg followed in suit with seven apiece as well.

The Lopers tied with Lincoln 19 points off of turnovers but was beat in the paint by the Blue Tigers 22-18.

SHOTS IN THE PAINT SEALED THE DEAL

UNK had to fight hard to keep the lead the entire game, Lincoln had a tight hold on the close point gap.

Free throw shooting and shots in the paint sealed the deal in the second half.

This week the Kearney Lopers will take on Washburn University and Emporia State in Topeka, Kansas and Emporia, Kansas.



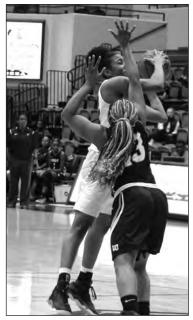




Photo by Rachel Overby

Top: Rising above the rest, Kelsey Fitzgerald, a senior forward from Yankton, South Dakota, goes in for a layup. Left: Struggling for the ball, Imani Kyser, a junior forward from Alabama tries to make the basket. Right: Going in for the shot, freshman point guard Grace Barry, from Lincoln, fights to make the basket.

Fair encourages student involvement

"Never turn anything down until you try it." - Lily Roman

MEGHAN WIEDEBURG

Antelope Staff

To offer a wide variety of opportunities for students to get involved and broaden their horizons, the University of Nebraska at Kearney held the annual Student Organization Fair Wednesday, Jan. 25 from 11 a.m. to 2 p.m. in the Nebraskan Student Union Atrium.

The Chemistry Club brought in a lot of traffic with their homemade ice cream and optional toppings.

Student members at the Danza, Sigma Lambda Beta and Sigma Lamda Gamma booths kept people engaged by turning on music and doing a variety of dance routines.

Students already involved were eager to share their knowledge, experiences and passion with students walking by and stopping at the booths.

Lily Roman, a junior family studies major from Shelby, was part of the Panhellenic Council table. "Being a part of variety of organizations on campus has pushed me into leadership roles," Roman said. "It has made me more outgoing, but more importantly, it has opened so many new doors for my future."

For Wednesday's fair, approximately 32 organizations registered and set up in the Union, which is less than the fall event but still a strong representation.

At the beginning of every fall and spring semester, organizations line up informational booths to increase awareness and involvement in their individual organizations.

UNK Student Government sponsors the annual event, giving student organizations the opportunity to engage with incoming and continuing UNK students.

This event is geared toward students looking to get more involved on campus. Getting involved in college comes with many benefits including the chance to build a community, discover passions and strengths, build resumes, increase leadership opportunities, meet new people and so much more.

Ashley Burghart, senior elementary

education major from Burlington, Colorado, said, "This specific organization, Kappa Delta Pi, has impacted my college career greatly! As a future teacher, I desired to be a part of something where I could relate to and connect with my fellow peers in a career focused way. This organization is preparing me to be a teacher through many different activities.

"My favorite thing about being involved with this organization is the aspect of community it provides. There are over 30 future teachers who come together to strive to become great teachers one day and I love that," Burghart said.

Roman said, "Never turn anything down until you try it. I never thought I would be a sorority girl, and now I hold leadership role in my own sorority and hold an executive position in Panhellenic Council."

Research has shown that involved students report higher levels of satisfaction with their college experience. I can even advance your spiritual, intellectual, cultural and social development.

"The impact of joining SigEp for me is that the organization made me strive for success. I'm sure that if I wasn't a part of SigEp I wouldn't have nearly as many opportunities as I do now," said Brody McKnight, a sophomore business administration major from Sidney.

Getting involved is simpler than you might think. McKnight said, "Just find someone who is involved in the organization you're interested in and talk to them! It's really that easy."







Photo by Meghan Wiedeburg

Top: Members of Sigma Lambda Beta and Sigma Lambda Gamma gather for photo in front of booths at the Student Organization Fair. Both organizations kept people engaged by playing music from their booth and dancing to choreographed routines.

Bottom: Ashley Burghart, senior elementary education major from Burlington, Colorado, Bailie Hinkhouse, senior elementary and early childhood education major from Burlington, Colorado, and Kendra Halley, senior early childhood education major from Overton, all represented Kappa Delta Phi Teacher Honor Society at spring organization fair.

Left: UNK Panhellenic encourages people to follow them on social media to keep up to dates with events and information. They handed out wooden, carved keychains with Greek organization names engraved. Panhellenic is a combination of all sororities on UNK's campus.

Woods sets students up for success

After finding her personal internships life-changing and influential in her career decisions, Janice Woods helps CBT students toward future careers

ABBIE ROHR

Antelope Staff

If you are a student in the College of Business and Technology (CBT) and you are looking for an internship, look no further. Janice Woods, the director of business, internships and experiential learning, is here to help.

Woods works with about 180 to 200 CBT students to find an internship for credit that will aid in their future careers.

In most of the colleges on campus, students work with their advisors for internships, but not in CBT. "We are unique in that we have dedicated internship directors in our college to help students find internships and do the internship course through UNK; it's nice that we have that perk to offer our students," Woods said.

Students in the department are required to take an experiential learning course. "The internship class is the most popular way to fulfill that requirement," Woods said.

Students must be either juniors or seniors, they are required to intern 12 weeks at a business or agency and generally are required to have 200 work hours.

Usually when students intern, they receive a mentor at the business who gives them advice on their remaining classes or helps them to see the different careers in their field of choice.

Most of the internships that students receive are in the Central Nebraska region. "Our university's mission is to serve the central Nebraska region, so that is a good thing for us to have our students working here," Woods said.

However, there are also opportunities for students to intern out of state. "There is actually an accounting student in California right now working with one of the top four accounting firms in the nation. We do some prestigious internships because some of our students are just outstanding,

and when they apply they are in the top applicants," Woods said.

Every year a student gets the opportunity to work for the FDIC nationally, other students work in Washington, D.C. for senators, at different corporate headquarters or at one of the top four accounting firms.

"If a student wants to do an internship they can come start working with us. We help critique resumes, cover letters and we also talk with them to find an internship that fits into what area they are interested in," Woods said.

For more information about how to receive an internship in the college of business and technology visit unk.edu/business_internships.



Courtesy

Janice Woods enjoyed co workers at her internship with Tyson at the company headquarters in Arkansas as a sophomore in college.

Woods Internship experiences varied

When Janice Woods was an undergraduate majoring in food science, she had internships that influenced her life.

The summer of her sophomore year she interned for Tyson at their world headquarters in Arkansas. Her major involved research and development and included chemistry and microbiology, she said. She worked with chicken products and helped Tyson develop new products. She worked on the Burger King, Taco Bell and other fast food restaurants' accounts to help improve their chicken items and come up with new items.

Her senior year, Woods had another

internship with Cargill in Kansas. "I have such a respect for internships because of the experiences and fun I had. It was just life changing for me, so I am very passionate about helping students have that kind of experience," she said.

Before UNK, Woods worked in Central Nebraska as a production manager at a large food factory.

When the opportunity for internship director at UNK opened, she applied because she felt that she understood the industry and was passionate about the field of work. "The internship job has been a really good fit for me and helping steer students in a direction that they feel good about."



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/ Janice Woods

Your gift matter

Students are rolling up a sleeve to help replenish blood supply diminished by winter storms

SAMANTHA SHAW

Antelope Staff

Senior Brooke Emmert, accounting major, decided to roll up a sleeve for the first time. The American Red Cross Blood Drive was a two-day event held Jan. 24 – 25 in the Ponderosa Room of the Nebraskan Student Union.

"I'm very afraid of needles which is why I have never donated blood before," Emmert from Lincoln said. "But I am trying to face my fears to help a good cause."

The Red Cross critically needs donors now after winter weather adds to severe

blood shortage when nearly 300 blood drives were forced to cancel, resulting in more than 10,500 blood donations uncollected.

The American Red Cross urges eligible blood and platelet donors to help replenish and overcome the shortage. All blood types are needed to supply patients. Blood donations help millions of patients in need. Volunteering helps become part of a group of people who make a difference in the lives of others. Download the American Red Cross Blood Donor App, visit redcrossblood.org or call 1-800-RED CROSS to make an appointment or for more information.



Photo by Samantha Shaw

Senior accounting major, Brooke Emmert, decided to face her fears with a smile and roll up a sleeve for the first time to help replenish the needed blood supply for millions.

UNMC from page 4

have met all the requirements by Feb. 1 to be considered. Students applying to attend UNMC in the fall will not learn their application status until late March.

For all the information on applying go to the UNK website and search UMNC, or use this link: http://www.unk.edu/academics/nursing/

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PAID ANTELOPE STAFF POSITIONS

Sports writers
News and feature writers
Event, entertainmentphotographer, writer

Contact: Madeline Maloley maloleymr@lopers.unk.edu and Diffenderfer diffenderftm@unk.edu





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Feb. 3 glimpse into Aug. 21 solar eclipse

UNK COMMUNICATIONS

The University of Nebraska at Kearney Planetarium is offering opportunities to learn about the upcoming total solar eclipse.

At 12:57 p.m. Aug. 21, the city of Kearney will plunge into darkness for 1 minute and 54 seconds. In a rare celestial alignment between the sun, moon and earth, the moon will cast a shadow over a small patch of the earth's surface. That shadow will traverse the entire width of the United States in 90 minutes.

The entire continental U.S. will witness at least a partial solar eclipse, but cities on the path of totality will be the only ones to experience total darkness. Kearney is on the path of totality – a narrow strip, approximately 70 miles wide – that will stretch from the coast of Oregon to a beach in South Carolina.

The last total solar eclipse in Kearney was in 1194 – 823 years ago – and the next one will be in 2744 – 727 years in the future.

"It's only during spectacular celestial events that we take the time to pause our busy lives and feel connected to the greater cosmos beyond earth," said Mariana Lazarova, planetarium director and assistant professor.

UNK faculty from different disciplines will give talks about various aspects of eclipses during a series of five presentations.

On Feb. 3, Lazarova will discuss the science of eclipses, what to expect, how to prepare and what can be learned from eclipse events. She'll also give a March 31 presentation highlighting the most famous of all total solar eclipses, the eclipse of



Photo by UNK Communications

The UNK Planetarium is hosting five shows leading up to Aug. 21, when a total solar eclipse will occur across the United States. The Kearney area is on the path of totality and will be one of the few cities to experience total darkness.

1919 that proved Einstein's general theory of relativity.

Nate Bickford, associate professor of biology, will talk on March 3 about bizarre animal behavior during solar eclipses driven by the abnormal darkness.

On March 17, Derrick Burbul, associate professor of art and design, will introduce the public to the subtleties of photographing and decoding a solar eclipse.

James Rohrer, associate professor of history, will share the religious

significances of eclipses across time and cultures on April 28.

All talks are at 7 p.m. at the UNK Planetarium. Tickets to reserve seats will be handed out on a first-come, first-served basis 15 to 30 minutes prior to each show. All shows are free, open to the public and for all ages.

UNK Planetarium show schedule for Spring 2017 can be found at www.unk.edu.

INFOGRAPHIC by Rachael Fangmeier

AUGUST 21, 2017 KEARNEY, NE

FEB 03 TOTAL SOLAR ECLIPSES:
WHY, WHEN, WHERE & HOW
DR. MARIANA LAZAROVA, UNK-ASTRONO

TOTAL ECLIPSE OF THE SUN

MAR 03 WILDLIFE BEHAVIOR WHEN THE SUN TURNS OFF DR. NATE BICKFORD, UNK - BIOLG

MAR 17 LIGHT/DARK: PHOTOGRAPHING & DECODING A SOLAR ECLIPSE DR. DERRICK BURBUL, UNK - ART

MAR 31 THE ECLIPSE OF 1919 THAT PROVED EINSTEIN'S GENERAL THEORY OF RELATIVITY

APR 28 SOLAR ECLIPSES AND THE EXPERIENCE OF THE SACRED: RELIGIOUS RESPONSES TO ECLIPSES ACROSS TIME AND CULTURES

ALL SHOWS ARE FREE
AND OPEN TO THE PUBLIC

7PM | UNK PLANETARIUM

Nebraska The University of Nebraska is an affirmative action/equal opportunity

Solar Eclipse Facts

• A total solar eclipse can happen once every 1-2 years, and the longest it can last is 7.5 minutes.

- Depending on the geometry of the sun, moon and the earth, there can be 2-5 different eclipses a year.
- There are three types of solar eclipses: total, annular and partial.
- During a total solar eclipse, air temperatures drop and the immediate area becomes dark.
- Almost identical eclipses occur after 18 years and 11 days and the period between is called a saro.

http://space-facts.com/solar-eclips