A Nebraska doctor says virtual care real money saver, offers students chance to win $50 Amazon gift card

If you could get your sinus infection treated for $49 instead of going into the doctor’s office and having to pay $100-$150 it is a big savings.”

Dr. Nokelby

Create your account using your Loper email and be entered to win a $50 Amazon gift card

Create a doctor's visit from the comfort of your home

Create an account with your Loper email by Nov. 14 and you will be entered to win a $50 Amazon gift card. Then, you can visit a provider from anywhere in Nebraska on any device.

www.there.care or download the app

New trend in health care great fit for students

The beginning class, Glass I, is about manipulating the material, according to Ramsey. One of the first challenges is getting the material out of the furnace because it’s a liquid. However, glass does not have the thin consistency of water but is thicker and slower, moving like honey on the end of the blowpipe.

Students need to learn how to handle a material that’s slower in motion. They have to get it out of the furnace and coordinate their working process in moving between the furnace and bench.

Glass studios are rare in Korea, Japan and China, and are only found in highly-populated areas. It’s a great bargain and an 8-yd. run in the 42-27 against the RiverHawks.

1. Lopers tight end, Alex Harms, pushes past the RiverHawk players in Saturday’s game.
2. Backup Quarterback, Alex McGinnins, scores in the fourth with an 8-yd. run in the 42-27 against the RiverHawks.

Step-by-step, always in motion-Viola, there is glass

Janet Ramsey teaches all levels of sculpture and all levels of glass at UNK. While both programs are relatively small, there are quite a few international students who enroll in glass classes. Depending upon the home country of these international students, they may have not heard anything about glassblowing before coming to UNK. “The glass studio movement is predominantly a European-American phenomenon,” Ramsey said.

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President’s comments carry more weight than he may think

A gesture should not overweigh other concerns of greater importance.

The companies lost one billion and three and a half billion in stock share price respectfully after a single tweet. Tweets lost more than one million in share prices after Trump threatened to destroy a factory being run by an armed group from California to Mexico. From individuals to multibillion dollar corporations, small words thrown on the digital world by a walking spray tan mannequin have serious consequences. The trouble is when so many are placed out there, it is hard to figure out which opinions can be discarded as the ramblings of someone who is merely not playing with a full deck of cards and cannot maintain the intent for future policies.

As much as many of us would love nothing more than to replace every character in a tweet with an incomprehensible symbol or every word Trump speaks as white noise, I just can’t ignore it because we dislike him. The best way I can compare the tweets and ramblings of Trump is like watching a violent car wreck on replays. It is going to be painful and eye searing to look at, but in watching it you might learn something.

In a sense, it is the same as when a person’s fingers constantly churning out fragments of messages, it looks as if the whole world is in a norm in American politics for a while. Words thrown around in abundance with little care for the real consequences by the sender who is the chief executive, commander in chief and face of the nation. Sticks and stones may break my bones, but word will cause problems.
UNMC occupational therapy doctorate comes to campus in Fall 2019

UNMC occupational therapy education program is the first at the University of Nebraska at Kearney.

Meeting the continued student and workforce demands, particularly in rural Nebraska, and providing Nebraska students a public university option, were the driving goals in developing the new program, said Kyle Meyer, dean of UNMC’s College of Allied Health Professions.

"In addition, the new occupational therapy program will be integrated with our existing doctor of physical therapy program, which will both enhance interprofessional education and promote efficiencies," Meyer said.

Currently, occupational therapy education programs are accredited at both the master’s and clinical doctorate level, but the Accreditation Council for Occupational Therapy Education has mandated that all entry-level degree programs will be at the doctoral level by 2027.

Upon approval by the Nebraska Board of Regents, UNMC will begin recruitment for a program director and seek accreditation, with the plan to begin enrollment in the fall of 2019.

UNMC unveils Warner Hall at Thursday ceremony

University of Nebraska at Kearney’s “newest” building will be officially unveiled at a community event Thursday (Oct. 26) with a celebration of Jerome Warner and Charles J. Warner Hall. A brief signing-unveiling ceremony at 2:30 p.m. is free and open to the public.

Formerly known as Founders Hall, the building’s name honors the father and son who were instrumental in the university’s history, as Nebraska political leaders and advocates for Kearney Normal School, Kearney State College, and later, UNK. The name was approved by the University of Nebraska Board of Regents March 31. Since then, the building’s signage and some interior updating occurred to signal the transition. The former Founders Hall was built in 1978.

Charles Warner was a member of the Nebraska House of Representatives from 1901-07, then in the Nebraska Senate from 1919-37 and Nebraska Unicameral from 1937-39. He served as the combined legislature’s first Speaker. He was later elected lieutenant governor four times, served as the legislature’s first Speaker. He was later elected lieutenant governor four times, serving from 1949 until his death at age 88. Charles was often referred to as the "grand old man of Nebraska politics." He led the effort in the Nebraska House in 1903 to establish a state university.

Always by Charles’ side growing up, Jerome Warner became the next “grand old man,” serving 35 years in elected service as state senator, including as Speaker. He headed committees on education, appropriations, administrative services, limiting property taxes, highway and road funding, development of the biennial budget process, among others. His leadership helped make Kearney State College part of the state university system in 1960.

Charles Warner received the Nebraska Builder Award, the University of Nebraska’s highest non-academic honor, for his contribution to the welfare of the university and state; and Jerome Warner received the Honorary Degree, Doctor of Humane Letters, from the University of Nebraska Board of Regents.

UNMC aims to enroll 42-46 students annually in the three-year, 116-credit hour program. No new state funds will be required for the occupational therapy doctorate program.

Nebraska’s aging population and increased prevalence of chronic conditions continue to drive workforce demand. Meanwhile, a survey of students at Nebraska’s state colleges and universities has shown strong interest in occupational therapy as a profession.

The University of Nebraska Board of Regents Thursday approved the University of Nebraska Medical Center’s proposal to create an Occupational Therapy Doctorate Program within its College of Allied Health Professions.

The developed occupational therapy students at the Health Science Education complex on the University of Nebraska at Kearney campus and its Omaha campus.

Occupational therapists help patients develop, regain and improve the skills needed for past activities of daily living, and function more effectively in home, work and social activities. They are licensed in every state and serve patients in a variety of environments.

What’s the best Halloween costume for Antelope campus news and weekly guests.

Antelope editors Madeline Maloley and David Mueller keep the news chat going — Wednesday on 91.1 KLPR at 7:30 a.m. to 8:30 a.m. and Thursday on 91.1 KLPR at 7:30 p.m. to 8:30 p.m.

Visit UNK’s Facebook page for other weekly updates.

Contact for Antelope Advertising: antelope@unk.edu
Contact for Antelope News: antelope@UNK.edu
Psychology Club volunteers for Habitat for Humanity

“You are changing the lives of the families who you are working side-by-side with when you volunteer, which is special. Few organizations exist where you see the impact first-hand.” - Beringer

AMANDA DEMEL (HABITAT FOR HUMANITY)

The Kearney Area Habitat for Humanity’s mission vision is a world where every family has a safe affordable home. Through the UNK Psychology Club, sophomore English major Jasmine Beringer from David City, takes time to bring that vision to life. Beringer has volunteered for approximately a year.

Habitat for Humanity is a global non-profit housing organization that works alongside families in various stages of their lives to help build homes and pay an affordable mortgage. Habitat homeowners achieve the strength, stability and independence they need to build a better life for themselves and their families, ” said Beringer.

To scare or not to scare?

No question about it, the English honor society will host spooky gathering at local coffee shop.

KATRIN SCHNEIDER (UNK)

As it is that mysterious time of year when goblins and ghouls awaken to celebrate Halloween, college clubs and groups throw theme-driven get-togethers and events. One group in particular, Sigma Tau Delta, celebrated their Midnight Night, located downstairs just off of Redwood Street. The event took place on All Hallows Eve from 6-4 p.m.

It will also be a costume party, so be sure to bring your best work to read to the crowd. Whether you're going to bring your favorite fictional character or anything else in between, you are sure to have a good time.

Calico Coffee Company is a relatively new business in Kearney, and owner Brock Arhart says that he is happy to be having the event for the group. He hopes to be able to host more arts-related events and to create this close with UNK’s English majors mingled within the walls. Without the countless number of volunteers from the area, he said, the company will not have been possible.

Susan Summerlin, one of the founders of Sigma Tau Delta, Xz Bita. He also said that the visitors of Calico have been very impressed with the location, comparing it with coffee houses from Denver, New York City and London. Patricia Ramsey keeps up his own practice by seeing patients of pocket up to a certain amount. Even though he said that the company will not have been possible.

The Psychology Club currently takes between 25 and 30 students who work outside on the building of the home by laying the foundation and doing the framing. During the colder months, the club typically works indoors in the Habitat warehouse. "If it’s a long-term volunteer tells us to do, we do," Beringer said.

In the 25 years that the KAHfH has been in existence, 76 families in Kearney have participated in the Habitat program. "The families who apply for this program are not just looking for a donation. They are looking for help with what they have to do. In class, you might talk about what you've written for a 2nd, 3rd, or 4th grade course and get to hear it and experience it," said Fritson, one of UNK’s English professors and a chaplain advisor, and she said that making friends to the future becomes easier because English majors always get to come when it comes to dressing up and she isn’t afraid to come out in the community. (photograph)

"I enjoyed knowing I'm a part of the organization is simple. ‘You do something great.’"

Ramsey keeps up his own practice by seeing patients of pocket up to a certain amount. Even though he said that the company will not have been possible.

No one who applies for the KAHfH for the past three years. Volunteers must be able and willing to pay the need for a safe affordable home, be willing to provide the materials, and volunteers for the KAHfH does just that. The program challenges students to work side-by-side with when you volunteer, which is special. Few organizations exist where you see the impact first-hand.” - Beringer. She said the work done building the homes is rewarding both to the homeowner and the volunteer.

MORE INFORMATION:

Not all volunteers need to volunteer with an organization. Most Habitat work days are in Saturdays. The calendar can be found online on the KAHfH website. All that is required is release and waiver of liability, filled out and signed by the volunteer. For more information call 308-234-6030.

GLASS FROM page 1

the bench and the furnace while using the tools to shape their project.

Ramsey said a demonstration to illustrate what students will be working toward during that class period and the practice following it at the beginning of each class.

Each student then has a total of three hours into the studio and work out of class. By the end of the semester, in the Glass I class, students have learned how to incorporate sand-blasting as well as adding color to their work. Professor Ramsey shows them how to grind and polish the glass. "It’s a steep learning curve for a 16-week course," Ramsey said.

Learning the process is lifelong for students: "I teach myself things I don’t know in order to do things that challenge him. ‘I try to teach myself things I don’t know in order to teach my students,’” Ramsey said. "It’s really embarrassing to attempt to do something and fall in front of a student.”

"The learning process is lifelong for Ramsey. He says he learns something new every time he comes into the studio.

GLASS PUMPKIN SALE

Friday, Oct. 27

Otto Olsens, Glass Lab

12 p.m. - 7 p.m.

Have fun with friends, family, and so much more!

~Costume Contest – Photo Wall
~Games
~Prizes
~VIP Drawings

Stop by for the spooky event. The studio is located in the southwest corner of the Otter Olsens. Ramen says that kids who are curious is more than welcome to come by the studio is always open.

GOURMET PUMPKIN SALE

Friday, Oct. 27

Otto Olsens, Glass Lab

12 p.m. - 7 p.m.

Have fun with friends, family, and so much more!

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**Making a ‘FOCUS’ on faith**

**Missionsary Herder shares faith for passion, community, friendship at Newman Center**

**RYAN BOYD**

At the beginning of his college career, Joe Herder, a 23-year-old social work major from Mound, Minnesota, heard the life of an average college student. His freshman year of college was spent at St. John’s University where things were fine, but he felt a change was felt to be occurring. “I transferred to the University of Minnesota-Duluth my sophomore year. The intriguing part was having two of my best friends go to college there and I was excited to go to college with them,” Herder said.

While students that have met Herder this year at UNK know him for his love of religion, he didn’t really come into his own faith until going to UMD. “FOCUS helped me improve my faith life,” Herder said. “A couple of months in my sophomore year my friend Jesse and I decided to go to mass and when the mass had ended we were getting up to leave.”

The next encounter changed his life. “During that time, there were FOCUS missionaries greeting at the back of the church, and they spoke to Jesse and I,” Herder said.

“I started planning last March for a big show to bring to Kearney,” said Marguerite Tassi, the Martin Distinguished Professor at UNK in the English department and director of the Queen Elizabeth I Society, renowned expert on Queen Elizabeth and author of several books.

“I am so excited to have my play about Elizabeth I performed in Kearney. I loved writing it, surrounded by books, as I wanted it dramatic but also historically accurate. But seeing the play with these two remarkable women playing the queen and her lady-in-waiting was a revelation. They did such a spectacular job,” Tassi said.

Joe Herder said. “I hope people who see it have a whole new appreciation and understanding of Queen Elizabeth I and also of life in general. It’s the lady in majesty’s recitals that pass connect that the queen’s life in a range of ways.”

The events will also present Tamara Meneghini, professional actress and Associate Professor at the University of Colorado-Boulder; actress Bernadette Sief and faculty from UNK’s history and fine arts departments.

Each time we do the play, we come away learning something else about the power of the language and people of that time period – especially Queen Elizabeth and Shakespeare... we truly enjoy sharing the work and continue to learn how we can make Queen Elizabeth I even more poignant as we do it,” Meneghini said.

“I started planning last March for a big show to bring to Kearney,” said Marguerite Tassi, the Martin Distinguished Professor at UNK in the English department and director of theElizabeth I events in Kearney Nov. 2

**AHOVE:** From right: Kevin Roerty, Brenda Zierke, Monica Mackie, Joe Herder and Megan Henle follow their faith in their first year on campus through Newman Center Ministry. The five did not know each other before FOCUS training in Florida, but Herder says, “We’re from different areas, but I think it really helps us show off as unique individuals.”

**Below:** In an uplifting moment, FOCUS missionaries show they can challenge a lot of bad spirit required for working with college students.

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LINDSEY SMITH

released to their stations, where they wait to prey on runners at The Archway.

After an hour of make-up and hair by artists from the Crane River Theatre, zombies are

We will also need our point guards to step

feel we can rely on to be defensive stoppers

have several people on this team who we

successful program, “Eighmey said. “We

Oct. 19, with the men coming in at 4th and

preseason rankings were released Thursday,

Basketball teams return leadership,

commited to excellence in 2017-2018

Michaela Barry warms up before beginning

practice on Monday. As one of the MIAA's

best shooters, Barry averaged a team high

best shooters, Barry averaged a team high

practice and every game. It will require

will require a great deal of consistency in

best conference in the country from top to

accomplish yet in our time as a member

most important goal for the program is to

at a time. If we come into everyday with the

day to day and getting better one practice

a successful year, we have to focus on the

other to work hard and be the best we can

this team is we challenge and push each

and in the weight room. “What I love about

been working extremely hard on the court

in the off-season between lifting, workouts

of two freshmen, just losing

starters with the addition

last years’ squad. “All seven

seven returners this season,

and the UNK women’s

have four seniors this year to take on that

spirit this year. “Fortunately, the team will

of make-up are displayed as the zombies make their way across the bridge to the other side.

As family members wait beside the road for the revealing of the zombies, false limbs and hours

of make-up are displayed as the zombies make their way across the bridge to the other side.

LINDSEY SMITH

It’s that time of year again! The coming

of fall weather means the start of basketball

season as both the men and women’s Loper

t teams started practice last week. MIAA press season rankings were released Thursday, Oct. 19, with the men coming in at 4th and the women ranked 10th. “Coach Carrie Eighmey and the UNK women’s basketball team will have seven returners this season, losing three seniors from last year’s squad. “All seven of our returners have really stepped up to a challenge in taking ownership of our program and setting standards of excellence that are necessary to build a successful program,” Eighmey said. “We have several people on this team who we feel can rely on to be defensive stoppers which will be a huge element of our defense. We will also need our point guards to step up and be a level of leadership and direction to our offense.” The men’s team will see the return of all five starters with the addition of two freshmen, just losing one senior (Kevin Dineen) from the squad last year. Lofton complimented Kevin's work ethic, “Kevin did a great job being a vocal leader. He worked hard every day, was competitive from the defensive side and was a great teammate. We will miss his competitive spirit this year!” Fortunately, the team will have four seniors this year to take on that leadership role.

Both teams have been training hard in the off-season between lifting, workouts and open gym. Women’s senior guard, Michaela Barry, an elementary education major from Battle Creek, said the team has been working extremely hard on the court and in the weight room. “What I love about this team is we are challenge and push each other to work hard and be the best we can be every single day.” Both UNK basketball teams have similar goals for this upcoming season: to have a successful year and become a better team.

For the men’s team, Lofton looks at the season as a process, “In order to have a successful year, we have to focus on the day to day and getting better one practice at a time. If we come into everyday with the intent of going hard and being energetic, our end result will be to have a better team by the end of the season.”

For the women’s team, Eighmey’s most important goal for the program is to become the best team this particular group can be. “Our team this year is very focused and dedicated. We have a great group of returning players and front court players and we will be a better team each year as we grow and develop.”

Eighmey said. “I believe our returners are hungry and ready to step up and compete and succeed in every game and every practice. It will require each of the women on our team to maintain a mindset to settle for nothing less than getting better than we were the day before,” Eighmey said.

For some players, this is their last season as a Loper student-athlete. Barry is prepared to take on her role as a senior, “I will have to step up to my role as a leader by leading vocally and by example. Every girl on our team brings a specific role that is important, and for us to be successful, I will have to be sure to fulfill my role on this team.”

Lane Rohrich, an exercise science major from Purcell and senior guard for the men’s team, recollects his experiences as a UNK student-athlete, “When it is all said and done, the one thing I will take away from being a student-athlete at UNK is the relationships that I have made. In my four years here at UNK, I have had terrific opportunities that have opened many different doors in my life. Along the way, I have met some of the most genuine people. Whether they were UNK faculty and staff or my fellow students, I know that the relationships that I have made here will last a lifetime.”

Catch the Lopers first home games of the season with the UNK Men’s Basketball team facing Wayne State Friday, Nov. 10 at 7 p.m. at the Health and Sports Center and the UNK Women’s Basketball team facing Wayne State Saturday, Nov. 11 at 4 p.m.

Zombies run for Crane River

People “run for their lives” in post-apocalyptic wasteland

Lopers hit the hardwood

MIAA Preseason Coaches Poll

Men

1. Northwes Missouri
2. Central Missouri
3. Washburn
4. Nebraska Kearney
5. Central Oklahoma
6. Missouri Southern
7. Fort Hays State
8. Pittsburg State
9. Lindenwood
10. Emporia State
11. Lincoln
12. Northeastern State
13. Southwest Baptist
14. Missouri Western

Women

1. Central Missouri
2. Pittsburg State
3. Emporia State
4. Central Oklahoma
5. Fort Hays State
6. Missouri Western
7. Lindenwood
8. Washburn
9. Southwest Baptist
10. Nebraska Kearney
11. Missouri Southern
12. Northwest Missouri
13. Northeastern State
14. Lincoln

RAISINGCANELoBS.COM

HAVING FUN NOW COMES IN SHIFTS!

NOW HIRING CREW - KEARNEY, NE

Photos by Sydney Norris

Photos by David Mueller

Hear the antelope by David Mueller