The UNK Wind Ensemble embarked on a winter tour of Nebraska, playing four concerts at high schools across the state. The tour kicked off with an early morning concert in Aurora, shortly followed by another in Central City before a home preview concert the night before. The tour ended with a home concert the next day in Ainsworth and Valentine. The tour featured performances from the UNK Wind Ensemble, a well-known ensemble, under the direction of Holst and Sousa pieces.

The recommendations outlined today by Kristensen included cuts in administration and support staff ($307,000), faculty ($1,551,872, operations personnel ($829,475), and athletics ($450,000). The total proposed is $3.67 million. A total of 16 recommended faculty reductions come from UNK’s four colleges and the library. Specific positions have been identified, but could change following additional input from faculty and deans.

"Students and staff alike reeling after meeting on Monday reveals massive cuts to faculty, athletics, facilities"
The Xi Beta chapter of the International English Honor Society, Sigma Tau Delta, will be hosting its annual Bad Love open mic event on the Feb. 15 at Cali- co Coffeehouse at 110 North Railroad St. East, Bad Love will be from 4-6 p.m. and is open to anyone who wants to come out and hear or share their sappy or anti-love poems. In past events, people have gotten up and sang songs or told stories. If you aren’t comfortable being up there alone, bring a few friends to read poems together or sing a duet.

“For quite a while, Sigma Tau Delta has been putting on this bad love event, as we kind of have a tradition. Somebody came up with the idea originally to do something that’s anti-romantic, that kind of goes against the grain, so Bad Love was born,” said Dr. Marguerite Tassi, one of Sigma Tau Delta’s advisors. “It’s very good because you can read poems from other classes, your favorite poems, poems you’ve written. Even flash fiction and short stories. It’s a great way to celebrate Valentine’s Day.”

This is the first time the Bad Love event will be held at Calico Coffeehouse. In the past, the event was held at the Frank Museum.

“The event has gotten bigger over the years. I remember going over to the Frank Museum during the early days and having just eight or nine of us. But a lot more people are participating now,” said Dr. Tassi.

The Bad Love open mic offers everyone a chance to show off their creative writing skills, whether it’s poetry, short stories or even sappy love songs.

“I really liked being able to showcase my work and see everybody else’s at the Halloween open mic event,” said Mackenzie Morrow, senior English literature major from Lincoln. “Because we don’t really get to experience everybody’s work outside of the academic setting, unless it’s in the Carillon. It’s fun. You just get to get everyone together. I’m really excited to see what happens at the Bad Love open mic.”

Even if you don’t have something you’ve written to share, you can still participate by reading poems that you’ve learned about or liked, acting out a scene from your favorite play or just showing up to enjoy a hot beverage and cheer on those behind the microphone.

“I think what would draw me to this would be the environment it’s being held in and knowing people who are part-icipating, so you can go and support them,” said Amber Trimbble, a sophomore science majors studying from Fort Collins, Colo- rado. “I love the location; I enjoy being down on the bricks, and I think having it in a coffeeshop is a fun environment. I can enjoy drinks and support my friends. I think it’ll be a fun time to people to share their writing and pieces that they’ve created. It would even be a good place to sit and study while you listen to people share their work.”

Celebrating Valentine’s Day

JESS MOSER Antelope Staff

Dr. Hiebner said, “Our space is different from other coffee shops. It has a separate dining area. So, it’s a lot quieter and less busy, I guess you could say. They can just sit down and relax. Have the quiet and have the space table. Have it be calm and just get your studying done.”

The easy living room-like space offers plenty of tables for two, one large wooden table and arm chairs with coffee tables.

On the bricks, the coffee house is situated from the MONA museum and the next door neighbor of Sprycats Famous Foodies dog store.

The Learning Commons gives travel mugs as fun giveaways for winning participants of the event.

For more information about the Coffee Cram events, please contact the Learning Commons by visiting the welcome desk on the west side of the second floor of the C.R. Lyon Library, calling 308-865-8905 or emailing at unlcommons@unk.edu.

For the Bad Love open mic event on Feb. 15 at Calico Coffeehouse, please contact the Sigma Tau Delta’s advisors.

Brewed Awakening

helps spread the love this Valentine’s Day

ANTONIA STACHURA Antelope Staff

The University of Nebraska at Kear- ney’s student run business, Brewed Awakening, will be delivering their “Se- cret Valentine Gift Bags” to students on campus today to help students celebrate Valentine’s Day.

Over the past few weeks, students were encouraged the last few weeks to purchase gift bags for their loved ones that would be on campus on Valentine’s Day. The gift bags range in price from $3-$40, and consisted of a Valentine’s Day card, $25 coffee vouchers, Calico Coffee bags and gift cards. The last day to order a gift bag was Feb. 11.

In the past few weeks, students had the opportunity to make the gift anonymous or leave the recipient a personalized note to let their loved ones know who sent the gift bag.

Brewed Awakening is the only student-run business on campus, founded in 2012 by UNK’s entrepreneurship organi- zation, ENACTUS, which is a for-profit, not-for-profit orga- nization in UNK’s Health and Sports Center.

The shop, on average, employs between six and eight students who work at the shop during the academic year and are overseen by a board of directors consisting of students from a variety of majors across campus.

The inspiration for Brewed Awak- ening was to give students a place to put their skills and knowledge to work through experiential learning in a business setting.

In January of 2016, they made the move to their current location, the first floor of West Center, which is home to the University’s College of Business and Technology. The new location allowed them to be closer to their campus ad- visors. The move also allowed them to expand their menu and establish a regu- lar customer base of students, staff and faculty who frequent West Center.

BREWED, PAGE 5

UPCOMING
Feb. 15 - Kit’s Caffeine Cram
Feb. 18 - Brewing Romance
Feb. 22 - UNK Learning Commons
7-9 p.m.

The Coffee Cram events serve as an opportunity for students to be able to write about and subject writing in a more relaxed setting—especially if they are a fan of coffee.

Another event is the Reading Commons open mic event on Feb. 15 at 7 p.m. in the Learning Commons, where students read from their own writing or enjoy their favorite work outside of the academic setting.

“Warmly by the fireplace and surrounded by local artisan artwork, students felt a warm atmosphere while catching up on some down-time studying.

It’s an easier way to get stuff done, except for study rooms and to your dorm. Gets you out. Other people can help too, since there are more people,” said Alyssa Petersen.

It’s a great way to celebrate Valentine’s Day with ‘Bad Love’

JESSICA TUREK Antelope Staff

Baristo McKenzi Hiebner, visual communications and design major, senior, from Gothenburg greets visitors at Chapman Swiffs Coffee House Thursday night.

The Bad Love open mic event on Feb. 15 at Calico Coffeehouse, please contact the Sigma Tau Delta’s advisors.

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ANTELOPE SPEAKS: Tune in Thursday to Mayakla and Brandon live at 6 p.m.

Football coaching staff believer all feel they fared well as signing, recruiting ends

As Loper football recruiting ends, “Lope Show” signs record 42 athletes on Feb. 7

By Alannah Goode

With college football’s national signing day over, the UNK Lopers, who finished last season with a record of 3-9, signed 42 athletes Feb. 7, a pretty solid count for a class that will be in the process of having some walk-ons finalize their decisions, and currently starting to see some junior college transfers already on campus for the spring semester.

In total, the Lopers signed 13 new players with 56-$52 million in scholarships, in addition to some junior college transfers already on campus for the spring semester.

Where you go and visit these kids,” said Platt. “There is a lot of traveling all over the state.

Reed said during this hectic time, one thing he is not worried about is breaking down the type of player the athlete is. “I think the most important thing, and the thing I enjoy the most, is building those relationships with these kids. The last two months you’re constantly talking to them and building a trust with them.

On signing day specifically, Reed says they want to provide a celebration for both the athlete and the coaches. “Signing day is a big day where you get to celebrate as coaches, as parents for the kids because they accomplished something that not many high school kids ever get to do, which is play football at the next level.”

Reed also said that the position a player may have played in high school doesn’t always mean that will click when they get to UNK. “It sometimes depends on what position they will play in our system. If they were a quarterback in high school, we might move them to wide receiver, defensive back or wide receiver if we think we can use them somewhere else in the offense.”

When asked if there were any schools that didn’t offer a future, Reed said the school as a whole is very good.” We always try to hit Kansas and Colorado hard with the-in-state tuition costs for those athletes.”

The Lopers look for talent on both the offensive and defensive side, but fitting the systems they run is something they are looking for first. “As a staff, we want to bring kids who have great talent to help us win games, but if an athlete that doesn’t fit the system we are trying to run, it won’t be a good fit. We have to reevaluate the recruits,” Reed said.

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Run with it.

February 14, 2018 3
Machol Chol

This past weekend, the UNK softball team started in 2018 campaign in Las Vegas. Nevada at the Desert Stinger Tournament hosted by the University of Montana-Billings. Every two years, the Lopers head down there for a sweep against the northern regions of the US to open up their season.

“We are guaranteed games down in Las Vegas because the weather is not a factor, and that is huge for us.”

The Desert Stingers feature 24 teams and different travel alliances, representing all different NCAA Division II regions across the western United States.

“This is a great way to see what other softball teams are like and face good competition from an early age,” Carney said. “We are at a disadvantage because we do not get to practice on a field like these other teams, but it shows the girls what they need to strive for and the level they want to play at.”

The Loper softball team played five games over a period of three days while in Las Vegas. Each team went one and four, beating Notre Dame de Namur University the lone win for UNK.

“Our record may not have shown this week was really well,” Carney said. “We learned a lot and were able to see the reps that we normally do not get to see when practicing inside for months at a time.”

Karlee Arnold, a freshman biology major from Parker, Colorado, led the Loper offense by going five for ten this weekend with five hits and seven walks.

Following closely was Kaitlyn Johnson, a freshman 12-special education major from Kearney. Johnson went six for 15 with three walks and led the team with five runs batted in.

“We learned a lot with our hitting,” Carney said. “We had great discipline at the plate, we were hitting balls hard and had a lot of our newcomers and young kids step up and produce.”

Meg Housholder, a senior advertising and public relations major from Parker, Colorado, was the winning pitcher in the Lopers’ lone win. She faced seven strikeouts and only gave up five hits.

“We have a great pitching staff this year and I believe we are able to work together,” Carney said.

“This is a great year to be a Loper. It means to be a staff and work together to improve.”

The Loper softball team is made up mostly of underclassmen and transfers this year. There are eleven freshmen and three transfers.

Lopers can’t keep up with Metro-State State

Baseball team has tough road trip in Arkansas

Molly Stern

Being an athlete in baseball is a luxury many college students are not able to experience. With the lack of facilities and equipment, it is hard to recreate the same conditions as someone in the major leagues. Playing in such conditions can be tough due to weather, injuries, and travel conditions.

The Lopers’ home opener won’t be until March 2, and there are seven games on the road before that game. UNK has only been able to pull off one win so far in non-conference play in Denver, Colorado, against the Metro State Roadrunners.

“Unfortunately, we’ve had to play two games against the University of Arkansas-Fort Smith Lions on Feb. 9. Arkansas Fort Smith was able to sneak away with a 9-6 victory and has kept their undefeated streak alive at five wins for the season. The Lopers also did not win the only home game for the Lopers on this Friday afternoon, however. The biggest highlight of the game for UNK was a memorable two-run homerun by sophomore physical therapy major Ty Rosserberry. Rosserberry made it on base three out of the four times he was up at bat. UNK’s best hitter on the day was Peter Carlson, a redshirt freshman business administration major from Arvada, Colorado. Carlson made contact with the ball three out of his four times standing at home plate. Carlson’s big play came at the top of the fourth inning when his hit allowed for three teammates to run home and score for the Lopers.

On Saturday Feb. 10, the UNK men would face their biggest test against the Delta State Statesmen. This matchup against the best team in the nation would take UNK’s total innings to finalize their victory.

Both teams went back through a tough and fourth affair for eight innings. During that eighth inning, Brett Young, the junior catcher from Lodi, California, was able to get on base, steal for second and score eventual home run for home. After a failed tie a tied ball game at four runs each, Young, a business administration major, was able to make contact with the baseball one other time in his five at bat attempts.

UNK was outperformed at the plate as the Sophomore with a .133 batting average. It shows the girls what they need to work on and be successful.”

This score did not tell the entire story for the Lopers on this Friday afternoon. Johnson went two for five with two RBIs and was the biggest highlight for UNK. Senior business administration major Mitchell Robinson, from Golden, Colorado, only allowed three runs in all eight innings that he pitched.

Feb. 11 was UNK’s biggest day of offensive trouble for the team. The Lopers went up to bat against the Ouachita Baptist Tigers in Arkadelphia, Arkansas. Each of UNK’s nine starters were able to record a hit and would go on to win 13-7. Junior outfielder Brandon Carnes, a sports management major from San Bernardino, California, was the biggest contributor with three runs and two hits.

The Loper baseball team will be traveling to Colorado from Feb. 16-18 to play two games against the University of Colorado-Colorado Springs Mountain Lions and the Regis Rangers.

Wrestling wins MIAA again

Junior Zach Stodden won his weight class at the MIAA championships to help propel the Lopers to the conference championships. With the team win, UNK went on to win the conference championship six to three. See story next week.

The Desert Stinger Tournament is a great way to see what other softball teams are like and face good competition from an early age, Carney said. “We are at a disadvantage because we do not get to practice on a field like these other teams, but it shows the girls what they need to strive for and the level they want to play at.”

The Loper softball team made up mostly of underclassmen and transfers this year. This year there are eleven freshmen and three transfers.

Lopers can’t keep up with Metro-State State. Baseball team has tough road trip in Arkansas.

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_MES HOUSKOWER_

I worked for a company last summer where the employees sat at their desks all day long on a computer, in a meeting or at their desks. There was little movement throughout the day.

I was shocked when I realized that I worked at the front desk all day long without ever moving out of my seat. I needed to get up and stretch at least once or twice a day and do anything, and 10 episodes of "Parks and Rec" later, I'm still sitting all day long.

"How do these people sit all day?"

After my first week working, it was terrible to be in my bed comfortably at night. My back pain was unbearable. At the risk of sounding repetitive, I went to see my doctor. She felt like I was going to die. Little did I know that was a possibility for me. She referred me to a nurse. After complaining to my nurse about my pain and overwhelming fatigue at work, she told me it was because I was sitting all day.

When I go to the gym, I know how to breathe, how to move. Sixty minutes or more.

Listen to what your body needs to do. It's simple. If your job or lifestyle demands you to sit for long periods of time, take breaks. Sixty minutes or more. If you are young, you may eliminate the harms of sitting. It's simple. If your job or lifestyle demands you sit for long periods of time, take breaks. Sixty minutes or more. If you are young, you may eliminate the harms of sitting. It's simple. If your job or lifestyle demands you sit for long periods of time, take breaks. Sixty minutes or more. If you are young, you may eliminate the harms of sitting. It's simple. If your job or lifestyle demands you sit for long periods of time, take breaks. Sixty minutes or more. If you are young, you may eliminate the harms of sitting. It's simple. If your job or lifestyle demands you sit for long periods of time, take breaks. Sixty minutes or more. If you are young, you may eliminate the harms of sitting. It's simple. 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The Japanese Association of Kearney showcased both modern and traditional Japanese culture at festival.

Students and community members braved the snow on Saturday night to attend the Japanese Festival held in the Pendergrass Room from 4-6 p.m. "We have more than 100 Japanese students here, so we have the festival annually," said AtsUSHIBOKU, a junior business management major from Kagoshima, Japan. UShiboku is the president of the Japanese Association of Kearney (JAK). "In the festival, we show our culture and food. We want you to know Japan. We have many nationalities here, but we don’t really understand each other. We want you to know the real Japan."

Tables were set up in the Student Union before the festival showcased origami, ACE, and traditional Japanese calligraphy called ‘Sho-Ji’. According to Mika ASAKA, a freshman English major from Nagoya City, Japan, the ink she used to write students’ names in Japanese was made from bamboo. "The ink is made from burning bamboo," said ASAKA. "Then they grind the bamboo and melt it."

Japanese students served rice balls, Japanese style fried chicken, edamame, and teriyaki. "Then they grind the bamboo and melt it," said Asaoka. "The ink is made from burning bamboo," said ASAKA. "Then they grind the bamboo and melt it."

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Coated bananas for attendees to enjoy throughout the festival. "The festival began with kenbai, a traditional sword dance. Two students danced with swords and fans, sometimes feigning attacks with each other. After the dance was over, the emcees called for volunteers to go on stage and learn a few sword dance moves using wooden staffs as a substitute for actual swords. All four volunteers were children from the audience."

"Another part of the festival was the traditional karate demonstration. Once again, volunteers were brought on stage to learn some simple karate. The festival’s costume party had both students and little children dressed up as popular anime characters. Among the costumes were Doraemon, a popular Japanese anime about a robotic cat from the twenty-second century. Other costumes included Ash and Pikachu from "Pokemon," Mario and Luigi from "Super Mario Bros.," Hello Kitty, My Melody, and Goku from "Dragonball-Z."

During the quarterfinals, Hoshiko dressed as a character from "Pokémon," while her sister wore a costume of Ash as a starter. The whole family showed up as popular anime characters. Among the costumes were Doraemon, a popular Japanese anime about a robotic cat from the twenty-second century. Other costumes included Ash and Pikachu from "Pokemon," Mario and Luigi from "Super Mario Bros.," Hello Kitty, My Melody, and Goku from "Dragonball-Z."

Performers danced the wotagei, a type of dancing and cheering performed by fans of idol singers. The lights were turned down, and the dancers performed with colored lights, jumping and waving their arms to different songs, both in Japanese and English. The final performance of the Japanese Festival was the traditional Soran Bushi, or the Fisherman’s Dance. The dance got its name from the motions of the dancers, who make movements like ancient Japanese fishermen would have made.

"We want you to know the real Japan." The Antelope Staff