

the antelope

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University of Nebraska at Kearney

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# KrejdI and Janicek sweep hotly-contested election

## Voters bring 2nd highest turnout since 2011

BRAYDON CONELL  
*Antelope Staff*

This year, 1,377 votes were cast for the positions of student body president and student body vice president. The total was the second highest voter turnout rate at UNK since 2011.

As these positions were the last to be announced, everyone sat anxiously awaiting the results. This year, two groups ran for these prestigious positions. One option was Micah Carlson, a political science and English major from Central City, and Matthew Brunkhorst, a computer science major from Blair.

Having the slogan “Our Future,” Carlson and Brunkhorst brought in 37 percent of the vote. The other group, and ultimately the victors of the election, were Logan KrejdI, a business and sports management major from Aurora, and Taylor Janicek, a psychology major from Bridgeport. Running with the slogan “Your Life. Your College. Your Way,” KrejdI and Janicek pulled 63 percent of the vote, for a total of 872 votes. Both groups attended the NU Advocacy Day on the Tuesday before the election to advocate for maintaining support for the NU system with state senators.

Prior to being elected, KrejdI and Janicek already had proposed a list of executive cabinet members. Their selections remain as follows: Chief of Staff Paige Kristensen of Minden; Assistant Chief of Staff Asic Helberg of Indianola; Secretary of Community Relations Shelby Hoffmann of Aurora; Secretary of the Treasury Jase Hueser of Papillion; and Secretary of Student Organizations and Affairs Kristen Tomjack of Wahoo.



Photo by Braydon Conell  
**Taylor Janicek (left) and Logan KrejdI (right) throw their Lopes after hearing that they won the election. A total of 1,377 votes were cast in the election, the second highest total since 2011.**

Although the Student Government elections are over and KrejdI and Janicek will be taking over the helm shortly, the work on platform items with continue.

**Library Renovations**  
Continue the work of our predecessors with library renovations using the data of the library survey

Set a strict timeline to get renovations to take place this summer  
Renovations include: better use of space, more study rooms and tables, etc

**Campus Meal Plans**  
Continue/improve dining committee in Louie’s and the Marketplace to make sure we get the quality of food we pay for

**Union Renovations**  
Support surveys and forums for student input throughout phase 2 and 3 of the process

**Increase Budget Advocacy Efforts**  
Tuition increase will be impacting us as students

Form focus groups to contact and meet with the Nebraska Legislature (comprised of UNK students) to illustrate

the importance of investing in further education

**Campus Beautification**  
Sand volleyball court/hammocks  
Continue efforts of predecessors with parking

New basketball hoops in Cushing

**Academics**  
Continue to implement and work toward a “true” dead week by using survey results and having an efficient way to report these violations to the Dean of each college

Create policy that requires professors to provide timely feedback  
Avoid career fair conflicts such as tests and large project deadlines

**More Online**  
Go to  
**[www.unkantelope.com](http://www.unkantelope.com)**  
to learn the additional results from the 2018 student elections

# Fronczak takes Shakespeare into 1920s

*Mistaken identities abound for UNK’s production of ‘The Comedy of Errors’*

JESS MOSER  
*Antelope Staff*

Years ago, a set of identical twins, both named Antipholus, and their identical twin servants, both named Dromio, were separated at sea. One Antipholus and Dromio wound up in Syracuse, and one Antipholus and Dromio wound up in Ephesus. Now all four of them are in Ephesus, and it’s a case of mistaken identity all around.

The University of Nebraska at Kearney’s theatre department will present William Shakespeare’s “The Comedy of Errors” April 4-8 in the Miriam Drake Theatre. The play is being directed by professor Janice Fronczak.

“It’s Shakespeare. It’s a comedy. It’s highly physical, with chase scenes. It’s a very male-driven play,” Fronczak said. “It’s kind of about identity and losing your identity and how scary that is, but it’s funny.”

Fronczak’s production is a vaudeville comedy set in the 1920s. They’re recreating the theatre to look like a vaudeville house. The concept is a traveling troupe set in the 1920s who puts on “The Comedy of Errors” in their present day.

“We have 1920s costumes, which are going to be wonderful,” said Fronczak. “It’s set in Ephesus, which is supposed to be a little island off the coast of Greece, so they’re little Grecian indications.” Fronczak says the play will run at about two hours long with intermission.

“It’s going to be very, very fun and very fast,” Fronczak said. “I just think that this play is a great introduction to Shakespeare if you’ve never seen a Shakespeare play. I think college students will love this play.”

“The Comedy of Errors” is Shakespeare’s shortest comedic play, but the cast of UNK’s production still has to do six weeks of rehearsals, with a minimum of three hours a night before opening night.

Fronczak says that the hardest part of directing a play like this is the language. “Getting the students to not be afraid of the language and making it approachable for them. There’s a cadence to it,” Fronczak said. “We have a script that’s great, because you have Shakespeare on one side and what they’re really saying on the other, so that really helps.”

It’s not only the theatre department that’s excited for this play. “I’m super stoked,” said Mackenzie Marrow, a senior English literature major from Lincoln. “I’ve never actually read ‘The Comedy of Errors,’ and I really like to see plays before I read them. It’s easier for me to conceptualize that way. I’m really excited to see it.”

## Looking for more Shakespeare?

**Don’t miss the Kearney Community Theatre’s production of “Much Ado About Nothing”**

• Tickets available April 5

• Purchase tickets online at [kearneycommunitytheatre.com](http://kearneycommunitytheatre.com) or by calling the box office at 308-234-1529

• Runs April 19 - 29

# Young girl becomes inspiration to softball team

*Team walks into restaurant; Sophina walks into their lives*



MOLLY STERN  
*Antelope Staff*

When UNK softball traveled to St. Cloud, Minnesota, Feb. 23-25, they did not expect to meet a new life-long friend and fan. Sophina Lindquist is an 8-year-old little girl from St. Cloud who has recently become an inspiration to the Lopers.

Sophina is a perfect example for “the only disability in life is a bad attitude.” She has down syndrome but continually lives her life with a smile on her face, a smile that is contagious to everyone she meets.

The UNK softball team met Sophina while at dinner on one of the nights in

St. Cloud. “It feels like we were meant to meet Sophina and her mom,” Head softball coach Holly Carnes said. “We had plans to eat at another restaurant, but last minute decided to eat at the restaurant Sophina was at and immediately connected with her.”

Not only does Sophina inspire people with her infectious smile, she has also started her own foundation, Sophina’s Sunshine Cookies, to help support and connect with local police, fire and emergency departments. “We began handing out cookies to these local heroes after there were multiple shootings around St. Cloud in 2014,” Sophina’s mom, Connie Lindquist said. “After

*Courtesy*

**Sophina’s mother snapped this picture of her cozying up to go to sleep still holding the softball signed by the UNK team. The chance meeting in a St. Cloud restaurant had a great impact on the players and provided the team with a new source of inspiration in their favorite fan.**

that, Sophina was hooked, and we still continue to hand out cookies and meals to various stations.”

Sophina and these fire, police, and emergency crews have created such a connection, that, in addition to handing out cookies and smiles, she also prays for each and every firefighter, police officer and emergency personnel that she has met. “We probably pray for over 850 names, but I haven’t counted in a while,” Lindquist said. “But there are literally hundreds that we don’t have written down that we still pray for.”

Along with hanging out with the girls that night at dinner, Sophina also stopped by to watch them play at the Kelly Laas Invitational the next day, as well as accompany them to lunch.

“Sophina absolutely loved meeting the UNK softball team because she thrives with lots of people and loves sports,” Lindquist said. “She had never seen a softball game until she watched the team, though, and she absolutely loved it.”

Sophina is now a huge inspiration and motivation for the UNK softball team. “She may have been dealt a harder hand in life, but the fact that she is so little and still has accomplished so much is amazing to me,” Carnes said. “She has had a huge impact on other people and now our team.”

While visiting with Sophina in St. Cloud, the team signed a softball as



# Taking in sports mecca, Madison Square Garden

*NYC Madison Square Garden unprecedented experience for wide-eyed Nebraska sports fan*



**EVAN JONES**  
*Antelope Staff*

Recently, I was able to spend some time in New York City, as I was there to attend the Intercollegiate Broadcasting System Awards. The Big Apple has so many things to see, places to be and amazing attractions. I, being a huge sports fan, really wanted to see Madison Square Garden. It was crazy how the stars seemed to align with this want of mine. The Big Ten Men’s Basketball Tournament was occurring, and our hotel was right across the street from Madison Square Garden.

As many know, this prestigious building has been one of the best venues in the history of sports and has had so many memorable performances by a number of athletes.

March 8, 1971, Muhammed Ali versus Joe Frazier. It was Frazier who took down Ali in this boxing match after Ali

had won 31 straight matches.

Former New York Knick and current Oklahoma City Thunder forward Carmelo Anthony, recording 62 points in the Garden on Jan. 24, 2014.

And another conference tournament, the Big East, had a game between Syracuse and UCONN that went six, yes you read that right, six overtimes before deciding a winner. Syracuse was able to win the game 127-117 on March 12, 2009.

I didn’t see an amazing, historical performance while I was there, but to just be in the building, there was a new energy that I have never felt before. I have been to a fair amount of impressive venues. Memorial Stadium in Lincoln, Coors Field in Denver, Chesapeake Energy Arena in Oklahoma City and Turner Field in Atlanta. Some of those places I mentioned had a better in-game atmosphere, but there was something different about Madison Square Garden, as if the greatness of the building was pulsing through me. I felt this from the get-go.

Coming off the streets of downtown Manhattan, the entrance to get into Madison Square Garden alone was unbelievable. There were people everywhere, trying to get inside, and I remember looking up and the ceiling being very high. The doors to enter were all glass, and as I weaved my way through



*Photo by Evan Jones*

**Senior guard for the Nebraska Cornhuskers plays defense against Michigan’s senior guard Muhammad-Ali Abdur-Rahkman. Michigan beat Nebraska 77-58 and went on to beat Michigan State in the semifinals 75-64. The Wolverines took the Big Ten title by beating Purdue 75-66.**

all the hallways, it was time for a number of escalator rides. Generally, most facilities have just one or two escalators. I rode up six escalators to get to my 300-level seat. Before I entered the arena, there was a viewing area of the city. You could see everything across downtown Manhattan.

When I did find my seat, I realized that I was basically sitting on a bridge. The 300-level sections were up a few stairs from the level with concessions and bathrooms. There was basically just one row of seats, all the way around the

arena. Generally, there are railings, but railings weren’t good enough for Madison Square Garden; it was all glass that went about four feet up for safety. I also had the privilege of sitting next to some people from France. They had no ties to the games being played, but they really wanted to see Madison Square Garden, so that also proved that this building was extremely special and known all around the world.

I was there for session one on

**JONES**, PAGE 5

# Students’ lives full of waste

*Composting answer to mass production of household waste*



**MEG HOUSHOLDER**  
*Antelope Staff*

I was on my way out the door with the red strings of my Glad trash bag in between my fingers when I realized it was my third trip to the dumpster. Was it three trash bags out already? I took the trash out in the morning before I went to my 8 a.m. class, then took it out again after lunch.

The stench of the dumpster was especially rank in the evening. Whoa, this was our third bag of garbage today. How could a house of four women produce so much waste?

After I had my garbage epiphany, I started paying attention to the amount of trash that would pile up in our \$6 Walmart trash can. Yes, we were the kind of house that would stack the trash as high as we possibly could; we would even go as low as to stack the trash up along the wall. We would do anything to not take the trash out. Taking the trash out multiple times a day gets old fast. One of us would eventually take it out after guests would come over and tell us our house “smells kind of funny.” I can’t even begin to imagine how much trash a house of men produces.

On average, Americans produce 4.4 pounds of trash every single day. The Environmental Protection Agency estimates the United

**“You may not be able to compost all your trash, but composting can significantly cut down your overall garbage.”**

## What to compost:

- Fruits and vegetables
- Eggshells
- Coffee grounds and filters
- Tea bags
- Nut shells
- Shredded newspaper
- Cardboard
- Paper
- Houseplants
- Leaves
- Cotton and wool rags
- Dryer and vacuum cleaner lint
- Hair and fur

States generates about 695,900 tons of trash per day, which adds up to 254 million tons of garbage per year. A family of four, or a house of four roommates,

produces a total of 17.4 pounds of trash per day. That’s right, you and your roommates basically collect waste that weighs as much as a small child.

You may think the answer to less waste is to recycle. Although recycling reduces 1.5 pounds off the average trash total, it’s actually more expensive for cities and towns to recycle household waste than send it to a landfill.

The most effective way to get rid of waste is to compost it. Organic wastes, such as food and yard wastes, make up 25-50 percent of what you throw away. You may not be able to compost all your trash, but composting can significantly cut down your overall garbage

Composting prevents 87.2 million tons of material from being disposed. Diverting these materials from landfills prevents the release of 186 million tons of carbon dioxide. That’s the equivalent of taking over 39 million cars off the road for a year. If you can reduce the amount of

**HOUSHOLDER**, PAGE 5

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# How to get most out of your .edu email address

*College is expensive, but being a student can have its perks*



**MOLLY STERN**  
*Antelope Staff*

As a college student, everything is expensive, even the stuff considered cheap. Are you hungry? Ramen it is. Want to watch Netflix? Bum it off a friend or family member. How about if you are in the mood to jam out to some tunes? Free Pandora or YouTube is your best friend. Looking for a fun night out with friends? Hope board games will do it for you.

Well, there is good news after all! Your .edu email address is not just for receiving weekly updates you don’t pay any attention to, and your student ID isn’t just good for scrap-ing the ice off your car when you don’t have an ice scraper. They also provide you with some hot deals around town and online.

A college student’s favorite four letter words are free and sale. So while paying thousands of dollars for an education, why not take advantage of all the perks that come along with earning your degree. Now for all you non-students out there, if you happen to use this list and get away with it, your secret is safe with me.

Here are some of the best discounts you can receive just by being a college student:

## The best discounts for college students:

1. 50 percent off at Papa Johns
2. Free drink at Qdoba
3. Free drink at Subway
4. Five percent off at HyVee
5. Five percent off at Family Fresh
6. 6 months free of Amazon Prime Student
7. 50 percent off Spotify Premium
8. 20 percent discount on Tuesdays at Goodwill
9. College Movie Night at Kearney Cinema 8
10. Free online versions of Microsoft Office
11. 50 percent off Apple Music
12. 20 percent off shipping at FedEx
13. 10 percent off at Burger King
14. 10 percent off at Firehouse Subs
15. 60 percent off Adobe Software



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# Tune in

KLPR 91.1 FM - UNK Loper Radio  
Thursday at 6 p.m.



Fasten your seatbelts for the hottest takes from recent events to personal opinions—all things Antelope, all the time. Listen live every Thursday on 91.1 KLPR at 6 p.m.

Antelope Sports Editor Brandon Rojas and Makayla Hogenson keep the news chat going with Antelope campus news and weekly guests.

**This week’s Twitter poll:** Spring Break plans: beach, mountains or homework?

This Day in History

On this day in 1933, eight days after his inauguration, President Franklin D. Roosevelt gives his first national radio address or “Fireside Chat,” broadcast directly from the White House.

Roosevelt began that first address simply: “I want to talk for a few minutes with the people of the United States about banking.” He went on to explain his recent decision to close the nation’s banks in order to stop a surge in mass withdrawals by panicked investors worried about possible bank failures. The banks would be reopening the next day, Roosevelt said, and he thanked the public for their “fortitude and good temper” during the “banking holiday.”

Read more at <https://www.history.com/this-day-in-history>



By: L. A. Bonté

For more comics visit [FilbertCartoons.com](http://FilbertCartoons.com)

Swish

Senior guard discusses his life, team goals saying he would do it all over again

WYATT PFIEFER  
Antelope Staff

Lane Rohrich, a starting guard for the UNK Men’s basketball team and one of four seniors on the 2017-2018 roster, was shooting a team high 56 percent from the field near end of season and rounded up a few honors as well during his Loper days.

Lane is an exercise science (pre-physical therapy) major with a health science minor and has done great juggling his classes and basketball throughout his college career appearing on the MIAA Academic Honor Roll each of his past three years.



LANE ROHRICH

Keeping on top of academics is the biggest challenge, learning how to manage your time wisely as a student-athlete is tough, he says. “My classes have been challenging, and I usually miss a lot because of long basketball road trips. Staying on top of the material when you’re gone is no easy task, so you have to set extra time aside to play catch-up.”

“I have been fortunate enough to have great professors who have worked with me outside of class times to help me when I have any questions. A lot of the time it is hard to balance, but I would do it all over again if I had to.”

Q: What is your favorite professional sports team?  
A: The Minnesota Vikings

Q: Who is your favorite professional athlete?  
A: Connor Beranek

Q: Which athlete/athletes do you believe you modeled your game after?  
A: I didn’t really use a professional athlete to model my game after. When I was little, I really looked up to a senior at my high school named Max Froehlich who actually played basketball at UNK up until 2012. I always wanted to be as good as he was at basketball and football, so I could say that I tried to model my game after him.

Q: What is your favorite pre-game meal?  
A: A club sandwich and steamed broccoli

Q: Are there any superstitions or routines that you do on the day of a game?  
A: I usually just play video games with Trey Lansman before our basketball games.

Q: On game day what song or type of music are you listening to?  
A: I typically listen to some type of classic rock up until I get into the locker room. When I get into the locker room, Yash usually has control of the music, and I have no clue what genre that is.

Q: How old were you when you started playing basketball, and when did you realize that you had the ability to make it to the collegiate level?  
A: I have been playing basketball my whole life—especially with my older brothers Mason and Austin. We grew



Photo by Devon Andre

Senior guard Lane Rohrich had a career high of 28 points, shot 84 percent at the line and 51 percent from the field and was second in overall UNK points this year.

up across the street from a basketball court, so that made a huge impact on my development as a player. Mason and Austin never played organized basketball, but they challenged me just because I was so much smaller than they were. My high school coaches Mike Emory and Tim Waldner helped me out tremendously when I stepped in as a freshman in high school. They really pushed me and helped me realize that I had a shot to play college basketball if I worked hard enough.

Q: What was it about UNK that drove you to attend this school?  
A: I first wanted to go somewhere with a great science program because I knew that I wanted to become a physical therapist someday. Along with that, I also wanted to find a basketball program that felt like the right fit for me. I was being recruited by a lot of different college basketball programs in high school, but I never really felt like they were the right option for me.

I was a little flustered about my college choice in my senior year, and then out of the blue, Coach Lofton called me. He started to recruit me and I finally came down for a visit and just loved it here.

My brother Mason was in his sophomore year at UNK, and my grandfather Fran Rohrich graduated from Kearney State College several years ago. Mason made a big influence on my decision because I knew that I would have someone to help me out in that transition from high school to college. I also have quite

ROHRICH, PAGE 5

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# Pedaling spins up priceless rewards



**ANDREA STACHURA**  
*Antelope Staff*

Spring is on the way, and we are all looking for ways to spend more time outside, enjoying the weather. Riding a bicycle to work and class is an excellent way to do that. Riding your bike instead of taking your car can save money, your health and the earth. Speaking from personal experience, riding a bike — even when it's 20 degrees out — is far superior to driving your car.

Let's be real: trying to find a parking spot on campus can be quite the ordeal. Riding your bike can be your solution to that problem. Most buildings on campus have a place to lock up your bike right out front, saving you time on trying to find a parking spot and time spent walking from class to class.

In addition to saving you time between classes, it can help save your health. Most of us spend our day sitting in class, at work and behind the wheel. For

most healthy adults, the Department of Health and Human Services recommends at least 150 minutes of moderate aerobic activity or 75 minutes of vigorous aerobic activity a week. A 15-minute ride to and from class every day can help you reach that 150 minutes of aerobic activity. Aerobic activity is great for your heart and your waistline.

We all know that summer is on its way, and I am willing to bet that most of us have weight loss and health goals we are trying to reach. Riding a bike to class or to run errands is much cheaper and more entertaining than a gym membership that you may or may not use. Another great perk of riding a bike is that you can see Kearney in a way that you would not from behind the wheel of your car. A car ride can't compete with riding through town, taking in the fresh air and the sounds of the town.

Bikes are not only great for your health, but they are great for the health of our environment. 40 percent of U.S. car trips are under three miles; these are the perfect trips to take on a bicycle. Add a

couple baskets to your bike, and you have the perfect vehicle to grab a few groceries.

If you live in Kearney and are interested in buying a bike, I would suggest The Bike Shed. They have discounted, used bikes that have been tuned up and are ready to ride out the door. A used bike is great for someone on a budget, with new tires and a tuned-up chain. It's like new.

However, when purchasing a new bike, there are some things to keep in mind. The size of frame you will need based on your height and what kind of riding you will do will help guide you to the perfect ride. Finding the right bike for your needs is important.

When I first started riding my bike to class, I was riding a mountain bike. It worked great; it got me where I was going just fine. When I upgraded to my current bike, a true commuter, I was so surprised by the difference. My ride was much easier and smoother, and it changed my mind about bikes forever. That's why I would suggest that you reconsider taking your bike on your next trip to campus.

**Rent bikes, travel smarter**

**Don't have a bike? That's OK. UNK recently instituted their bike rental program.**

**If you are a student or faculty member at UNK, you can contact the campus recreation office at Wellness Room 120 or go to [unk.edu/loperbikes](mailto:unk.edu/loperbikes) to fill out an application with name, UNK ID number and email to apply for a bike to use each semester.**

**This is a great option for students who live on campus and don't want to move a bike home between semesters because once the semester is over, you are able to turn the bike in and leave it on campus.**

*Infographic by Alannah Goode*

**SOPHINA** from page 1

a keepsake for her. “Sophina immediately put the ball they signed for her on the top of her dresser,” Lindquist said. “It is the only thing that is not related to all of the men and women she prays for.”

The distance between St. Cloud and Kearney is not going to stop the UNK softball team and Sophina from staying connected. “We will keep sending pictures and videos to her mom,” said Carnes. “I also told Connie that every year when we travel to St. Cloud we will meet up with them and hopefully spend the day catching up and laughing and smiling.”

Connie also has plans to keep in touch with the Loper softball team. “Sophina would absolutely love to see the Lopers again and we have even talked about maybe making a trip to Kearney to visit this summer or next fall,” Lindquist said.

Sports can take people to amazing places and introduce them to some amazing people. The Lopers now have another fan cheering them on, and Sophina has 25 new friends.

**WITCOFSKI** from page 4

Kappa Phi honor society, the Republican Club and the UNK Yoga Club. “I joined the Republican Club to try to understand politics,” Witcofski said. “I’m so bad, but I’m trying to learn politics.”

Witcofski loves to read in her spare time. Her favorite book is “Holes” by Louis Sachar. She also likes Harry Potter, Twilight, books by F. Scott Fitzgerald and Shakespeare plays. She also really loves to run.

Another of Witcofski’s favorite things is her research on superheroes. “I don’t really read comic books, but I love researching superheroes and finding those awkward Wikipedia pages that have conspiracy theories on the hero,” Witcofski said.

The weirdest class Witcofski took during her time at UNK was the Zombies class. “It was for my honors capstone,” she said. “We learned about all the different diseases that can make up a zombie or a vampire. So, I wrote a paper on why Edward Cullen is actually a human and not a Twilight vampire--that was one of the most fun papers I’ve ever written.” Witcofski recommends taking the class.

**HOUSHOLDER** from page 2

trash you throw out, imagine the dollar bills you’ll be saving. Composting costs close to nothing, it’s easy to do at home and you’ll be reducing the amount of greenhouse gas emitted into the atmosphere.

For all of you students out there sick of taking out the trash, listen up. Here are the three basic ingredients you need for composting: browns, greens and water. Brown ingredients can be leaves, branches and twigs. Brown materials provide carbons for your compost. Green

**JONES** from page 2

Friday, which consisted of the No. 4 Michigan State Spartans and the Wisconsin Badgers and then the Nebraska Cornhuskers against the No. 7 Michigan Wolverines.

Michigan State took down Wisconsin 63-60, and Michigan manhandled Nebraska 77-58, which was disappointing, but Michigan went on to win the tournament with a win over Purdue 75-66.

The games were extremely

**HOLLANDER** from page 4

fiction techniques available to them, as opposed to only writing with an interest in plot and character.”

She hopes to see students make conscious decisions while writing and to encourage them to take risks, trying new things with their work.

Hollander’s least favorite part of teaching is grading. “There isn’t really any productive interaction with students when I’m assigning grades.”

“A Visit from the Goon Squad” by Jennifer Egan, one of Hollander’s favorite books, is one she teaches to both writing and literature students. “I think it’s such a perfect example of postmodernism, with all its playing around in the chaos and glorifying the messiness of people and contemporary life while also offering up real critiques of our society.”

While Hollander admires Egan for

ingredients include grass clippings, vegetable waste, fruit scraps and coffee grounds. These materials provide nitrogen. Your compost pile should have an equal amount of browns to greens. Alternate brown and green layers in a special plastic bin or bag available at local hardware stores. The water will moisture the soil to help break down organic matter. It’s imperative to keep track of organic matter you throw in your composting bin because it takes two to five weeks to full compose. You must

entertaining, but just being in the building was surreal itself. While I was there I thought about all the history that occurred in this amazing building. Normally, I am covering a game. I don’t usually have a lot of time to just sit and take in the surroundings of an arena, but I got the full effect of this arena. Coming from a town of 1,000 people, I never thought I’d go to New York, let alone be in the sports mecca of Madison Square Garden.

her ability to write with an experimental style and in a traditional realist mode, Hollander also likes George Saunders, a comic surrealist postmodern author, and Lorrie Moore, an author with a playful, cynical voice that makes great use of dark humor.

In her free time, Hollander enjoys running, reading, theater and art. She loves spending time with her kids as well and says that having them has been her most rewarding experience. “They are hard but always interesting. You’d think I would know them inside and out, but they surprise me all the time.”

As her children get older and as opportunities arise, Hollander’s future goals include being able to write more. “Right now, I do a lot of my writing over the summer, and I can’t wait for summer to get here and dig in again.”

manage your bin weekly to keep odor, pests and rodents away.

Start paying attention to the amount of plastic, cardboard or paper you and your roommates dispose of. The next time you make a trip to the grocery store, opt for reusable bags or mason jars to fill with dry foods such as nuts, rice or quinoa. Be careful buying bulk items because most of the time they are double packaged. Composting is just one step in the right direction to decrease waste and make a more flourishing environment.

**ROHRICH** from page 3

a bit of family around here, so I knew I would have great support in the area.

It was honestly a no-brainer for me.

**Q: What has been your greatest experience with the basketball team on and off the field?**

A: I don’t particularly have a single greatest experience with my team because we have had so many terrific memories together. Just being able to be around the guys every day is a blessing because we all enjoy each other’s company. We are all just like brothers, honestly.

**Q: After you shot 83 percent from the field in the Loper’s gigantic win over Northwest Missouri State. What do you think was the biggest factor to UNK knocking off the #2 ranked team in the nation?**

A: The biggest factor was our defense and rebounding. We have struggled a lot as a team on defense this year, and we are trying to shift our focus more to the defensive side of the ball as we move forward. Our offense is going to come to us because we have some great players, but we need to defend and rebound if we want to win games. It was a great team effort and one of the more exciting games that I have been a part of.

**Q: What are your team’s expectations for the rest of the season?**

A: In the rest of the games this season I want to see us play with an edge on the defensive side of the ball. We defended and rebounded well against Northwest, and if we can mimic that toughness night in and night out, I think that we can really get rolling

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# Lopers swing for the fences



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## UNK breaks out brooms for weekend sweep

**RYAN BOYD**  
*Antelope Staff*

UNK spent the past weekend going to bat against non-conference opponent Minot State. The Beavers pushed the Lopers for success, and it worked in UNK’s favor, only challenged in two out of the four matchups in the series.

On March 9, UNK started the game down 2-0 to Minot State after one inning. The Lopers then began their rally back into the game by scoring a run in the second inning. Then, junior third baseman Alex Achtermann from Denver, Colorado, nailed the ball out to left field to send two Loper runners home in the bottom of the fifth inning.

Achtermann, an exercise science major, continued his batting excellence from last week’s matchup against Central Oklahoma with his double in the fifth to build the momentum back in favor of UNK.

Brett Young, a junior business administration major from Lodi, California, had the Loper highlight performance of the day with a three-run homer in the very next inning to give UNK the lead, and they did not look back.

Ty Roseberry would finish off the Minot State Beavers with a home run in the seventh inning to put the lead at 7-5 for UNK, and the Lopers held on to keep that score through the rest of the evening. Roseberry, a sophomore physical therapy major from Kearney, had two hits during his four times at bat with two runs scored

to top his performance.

### A DIFFERENT STORY SATURDAY

Saturday, March 10 saw two games with two different stories for UNK. The Lopers decidedly won their first game 15-0 over Minot State. In game two of the day, the Beavers gave UNK a tough go and only lost by one run.

A combined team effort for both games saw 14 total strikeouts and an astonishing 30 hits for UNK, putting Minot State down, and they could not get back up.

Evan Hill had an MVP-like performance in the first game, only allowing one hit through seven innings. Hill, a junior psychology major from Sebastopol, California, had ice in his veins all game, picking up his second win on the season for UNK.

Roseberry would pick up his sixth home run on the year in this game, and Achtermann would send a ball over the fence too. Both men scored two runs on the day. Nine Lopers tallied at least one hit during the game.

### FIFTH INNING SURGE IN NIGHT GAME

Game two of the evening saw UNK down 7-5 after three innings to Minot State. Thanks to clutch pitching from junior Josh Cooper and some key hits from sophomores Tyler Mestl and Calvin Rudolph, the Lopers gained the lead after the fifth inning and didn’t look back.

Cooper, a business administration major from Roseville, California, threw seven strikeouts for the game and didn’t allow a run from the fourth inning clear until the top of the ninth inning when Minot State finally scored two runs.

Mestl, a radiologic technology major from Kearney, scored two runs on the day and had a crucial scoring double hit in the

*Photo by Margaret Spencer*

**Ty Roseberry, a sophomore from Kearney studying physical therapy, prepares to complete a play that resulted in a home run. Roseberry has a total seven home runs for the season.**

fifth to build momentum for the Lopers.

Rudolph, a business administration/finance major from Omaha, had a big single home run in the same inning to cap off the seven runs that UNK totaled for the fifth inning.

The Lopers got hot at the right time against the Beavers and would finish the game with a 10-9 victory.

Sunday March 11 was a cold and windy afternoon for fans in attendance, but the Loper spirits were red hot as eight different hitters for UNK made a connection with the ball on the day.

The game was routine for the Lopers as they took an early 4-2 lead after three innings over the Beavers and closed Minot State out from there. The Beavers didn’t score anymore runs, and UNK posted nine strikeouts against the Minot State batters.

Roseberry had the only home run on the day, bringing his total to seven for the season, and Brandon Hernandez was the consistent hitter at the plate.

Hernandez, a junior sports management/business administration major from San Diego, California, had three hits for his five times up to bat. Hernandez would also add a run to his busy afternoon for UNK.

After the Lopers’ dominant 11-2 victory over Minot State and even more impressive four game sweep, they now sit at 10-10 on the season, with a 5-2 home record. UNK plays at home again on March 16 in a three game weekend series against the Missouri Southern State Lions.

# Wrestling finishes Top 10 at NCAA Championships

The Nebraska-Kearney wrestling team tallied 44.50 points to finish in eighth place at the 2018 NCAA Division II Championships Saturday in Cedar Rapids, Iowa.

The Lopers, seeing all five of its qualifiers place in the top eight to earn All-American honors, have now placed in the top eight of this meet the past 17 years.

As expected, top-ranked St. Cloud State won (92.50) with second-ranked Notre Dame College of Ohio the runner up (84.0) and third-ranked California Baptist third (70.50). SCSU has now placed first in this meet in three of the last four years.

For UNK, redshirt Matt Malcom (157 lbs.) was fourth, senior Bryce Shoemaker (133 lbs.) and redshirt freshman Josh Portillo (125 lbs.) both came in fifth with junior Zach Stodden (174 lbs.) and sophomore Jarrod Hinrichs (285 lbs.) both finishing eighth. Stodden is now a two-time All-American with the others earning their first such honor. Shoemaker previously was an NAIA All-American for Baker (Kan.) University.

Portillo (Clarion, Ia.) and Shoemaker (Baldwin City, Kan.) both went 2-0 on Friday to reach the semifinals. This morning, seventh-ranked

Maleek Williams of Upper Iowa scored five points in the final 13 seconds to rally past Portillo, 8-3. Williams went on to be the national runner up. A class higher, Shoemaker was down 2-0 when he was pinned by second-ranked Josh



**Five wrestlers triumphed at the NCAA championships after a successful season. All five wrestlers earned All-American honors, and the team placed eighth.**

Walker of UIU at 4:37. Walker thrilled the home folks by winning the national title at this weight.

After falling 5-3 to Ivan McClay of Notre Dame, Portillo (13-7) rebounded to beat Lindenwood’s Carlos Jacquez, 9-5, in the fifth place match. The fifth-ranked Jacquez almost upset eventual national champion Eli Hale of Central Oklahoma in the semis, losing 4-3, and then was majored by St. Cloud’s Brett Velasquez, 12-2. Portillo registered three takedowns and added riding time to avenge an 8-6 loss to Jacquez during the regular season.

Shoemaker (21-5), in his first consolation match, was taken down early by seventh-ranked Darius Bunch of West Virginia’s West Liberty State and lost 3-2. He capped his collegiate career with a 3-2 win over top-ranked Airk Furseth of Wisconsin-Parkside. A takedown with 1:20 left was the difference in the fifth place match.

Malcolm (21-7) edged fourth-ranked Ryan Strope of McKendree (Ill.) with 26

seconds left to keep advancing on the backside. He then pinned eighth-ranked Jared Reis of Mary in 43 seconds before losing to second-ranked Fernie Silva of NDC, 12-7, in the third place bout. Silva had two takedowns and 4-near fall points in the third period.

Finishing the year 32-15, Stodden lost to fourth-ranked Zach Johnston of Minnesota State-Mankato, 12-5, in his placing match. Five third period points helped Johnston record the win. Earlier, fifth-ranked Nick Foster of McKendree used a first period takedown to edge Stodden, 3-2.

Finally, Hinrichs (40-10) lost to sixth-ranked Mitch Euell of Minot State (N.D.) and seventh-ranked Damon Sims Jr. of Pittsburgh-Johnstown today. Eull recorded a 3-0 win thanks to an escape, penalty point and riding time. Sims Jr. was up 9-5 when he was credited with a fall at the 7:00 mark.

*Lopers.com*

## Freshman Moreno looks to ace final season with UNK

**AARON REEKIE**  
*Antelope Staff*

For Loper freshman Alvaro Moreno, a computer science major from Madrid, Spain, coming to the U.S. and playing tennis at UNK was really exciting.

Before coming to the U.S., Moreno was ranked 304th in the country of Spain and trained hard to try improving that ranking before coming to UNK. “When I was 16 and 17, I would train three to four hours in a day. It was very tough work, but it was worth it in the long run,” he said.

“I was looking forward to finding a great group of people in a team, improving my tennis skill level and English level and having fun and meeting new people at the school,” he said.

Moreno was excited for his first college, but then he said the tennis team got called into a meeting with the athletic director and other head athletic staff here. “I did not know what the meeting was about, but they started talking more and more, and then they got to the part where they said they were going to cut the tennis team,” Moreno said.

“It was really sad news, because after five months, I have the feeling that we are all a family, and it was like they were destroying our family,” Moreno said. “But, coach told the team we still have one more season, and this is the most important one,” he said.

He will be transferring to UNL after this semester, and will be with his brother, who currently plays tennis for the Huskers.

He is looking forward. Morena said he is really excited to start the new experience in a bigger college and in a bigger city like Lincoln with his brother. “I have visited UNL before to see him. We went to a Husker football game; it was a really fun experience — especially to share it with my brother.”

“Hopefully we can get the win and start out really well in our conference matches,” he said.

Moreno offered some final words about the Loper team and his first year at UNK. “I love my team because they are my family here, and I’m sure we are going to have the best season that UNK men’s tennis has ever had,” he said. “I will miss my friends that I have made here at UNK.”

The tennis team is in the middle of their season, and will compete against Washburn University Friday, March 16. This is the first conference match of the season. It will be played at home at Harmon Park.

“It is going to be a really good match, I think,” Moreno said. “I think we will have to be really good that day and play really well too,” he said.



*Photo by Aaron Reekie*

**Alvero Moreno, a native of Madrid, Spain, practices for his final tennis season at UNK. Moreno is a freshman studying computer science and will be transferring to UNL in the fall due to recent budget cuts eliminating the men’s tennis team.**