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Sustained Employment Support for People with Autism Spectrum Disorder and Their Employers: A Case Study of the Autism Center of Nebraska's Connections Program

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Abstract

People with Autism Spectrum Disorder struggle to find and maintain adequate employment throughout their working lives, often due to challenges such as limited social skills, anxiety, hypersensitivity to their physical environment, and difficulty understanding and performing job tasks. This study investigated the support and training provided by the Autism Center of Nebraska's Connections program. The study used semi-structured interviews and surveys with eight program clients and four program employees. Clients and staff reported challenges and successes and made recommendations for improvement that may be instructive for other ASD employment support organizations.

Keywords: autism spectrum disorder, autism employment, autism unemployment